ConnectABILITY.ca

Transitioning to Older Adulthood - Quick links

Transition Planning to Older Adulthood
This Guide focuses on the transition to older adulthood for people with developmental disabilities. It is important to keep in mind that transition to older adulthood is not merely about accessing a variety of programs available to senior citizens. It is above all a planned and conscious evolution to embrace life as it presents itself during the aging process.
http://connectability.ca/2010/11/16/transition-planning-to-older-adulthood-2/

Person Directed Planning
Articles and tools to help in the Person Directed Planning Process.
http://connectability.ca/2012/08/13/pdp-planning/

Person Directed Planning Resources
A directory of resources and activities available in Toronto listed alphabetically.
http://www.pdpresources.blogspot.ca/

Normal Aging Process
Tip sheets and workshop describing the likely changes to their body systems and functioning abilities as someone ages and strategies to help support a person with an intellectual disability exhibiting these changes.
http://connectability.ca/2010/11/16/health-and-wellness/

Aging with a Developmental Disability: Strategies for Support
A series of presentations and articles supporting aging. A partnership between Developmental Services and Seniors Services.
http://connectability.ca/2013/04/03/aging-and-developmental-disabilities-are-we-prepared/

The Role of the Care Provider in the Prevention of Foot Complications
http://connectability.ca/2015/04/16/the-role-of-the-care-provider-in-the-prevention-of-foot-complications/

Community Supports for Older Adults
A directory of community services and supports in the Toronto area, which welcome individuals with a developmental disability that are transitioning into older adulthood.
http://connectability.ca/2011/08/22/community-supports-for-individuals-transitioning-into-older-adulthood/

Care Giver Issues : The transition from one generation to another (from parents to siblings)
http://connectability.ca/2010/11/16/caregiver-issues/

Financial and Legal Issues
Articles, workshops and resources to help deal with financial and legal issues of someone with a developmental disability who is aging – Property and Personal care, guardianship, advocacy for the elderly, long term care.
http://connectability.ca/2010/11/16/financial-and-legal-issues/

Alzheimer's disease and other dementias
Articles, workshops and tools to help diagnose and support people with a developmental disability who have Alzheimer's disease or other dementia
http://connectability.ca/2011/09/23/alzheimers-disease-and-other-dementias/

Palliative Care
Palliative care can be separated into three stages. These stages enable the caregiver to plan and work with expected outcomes. In each of these stages symptom management is required, the following pages cover the most common symptoms. Material written by Aakilah Ade, Certified Hospice and Palliative Care Consultant.
http://connectability.ca/2012/03/06/palliative-care-and-symptom-management/

Palliative Pain and Symptom Management
Considerations for intellectual and physical disability communities of practice – palliative care, hospice, collaborative care planning.
http://connectability.ca/Garage/wp-content/uploads/presentations/palliative-care/palliative-care.htm

Grief and Bereavement: Supporting People with Developmental Disabilities
A workshop, articles and tools to help support people with developmental disabilities through the grief and bereavement process
http://connectability.ca/2015/03/09/grief-and-bereavement-2/

Resource Directories
A page of links to all resource directories available on Connect*ABILITY*.ca
http://connectability.ca/resource-directories/

Connected Families
An online discussion area for you to connect with others within Connect*ABILITY*.ca
http://connectability.ca/connected-families/

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