

Making Choices.

Choice-making allows children to express their wants and needs.

1. Begin with 2 objects; one is a favourite object and one is not (i.e. a bottle and a sock).
2. Gain the child's attention.
3. Offer each object by showing it to your child and labelling it (i.e. hold the bottle up to your face and say: "bottle". Then, hold up the sock and say: "sock".)
4. Hold both objects up together and say: "bottle" , "sock".
5. Wait. Look for a response.
6. The response could be the child looking at one object (eye gaze), moving toward or reaching for one object, pointing to one object or taking one object.*
*The initial response may be difficult to see. Interpret any sign the child gives you as a response.
7. Label the object the child chose (i.e. "Bottle. You want the bottle").
8. Give the child the chosen object.

Note: -Use consistent labels for objects
-Even if you think it is not the preferred object, it is important to give the child the object she/he chose
-Move to 2 favourite objects when the child is able to do the above