

BEST BUDDIES



CANADA

# Best Buddies UTSG - Buddy Info

email: [bestbuddiesutsg@gmail.com](mailto:bestbuddiesutsg@gmail.com)  
facebook: [@bestbuddiesutsgchapter](https://www.facebook.com/bestbuddiesutsgchapter)

# What is Best Buddies?

Best Buddies is a non-profit global organization dedicated to building friendships between students and those in the community living with intellectual disabilities. As a member of Best Buddies, you are a part of a nation wide movement committed to raising awareness about the diverse abilities of individuals within our society. Student volunteers are matched in a 1-to-1 friendship with an adult with an intellectual disability. Best Buddies UTSG hosts several events throughout the year including a annual Halloween Event, a classic movie event, and a fun-filled trip to the Ontario Science Centre. Best Buddies is an exciting and enriching program that provides the opportunity to develop social skills while building strong healthy friendships that we hope will continue for years to come!

# Develop Social Skills:

## Community Skills and Interpersonal Skills



be an active member of the Toronto community



telephone communication



public transportation



safe pedestrian



be a social member of the Toronto community



verbal communication with friends

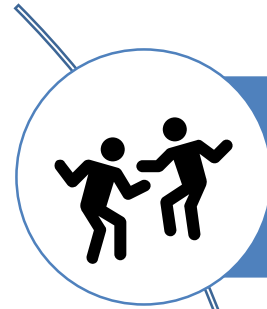


develop a healthy friendship

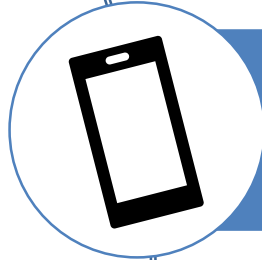


participate in social events and activities

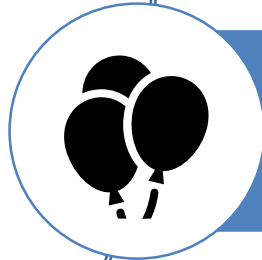
# Volunteering with Best Buddies UTSG



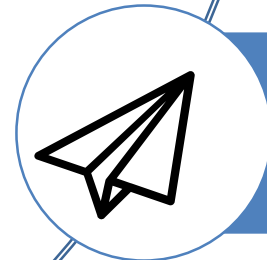
Hang out with your peer buddy once to twice a month



Call (text/email) your peer buddy once a week



Support a fundraiser



Program Length: September to April

# Supports for Volunteers

Orientation



Information Sessions, Flyers and Meetings



Leadership Team ! >

please contact the LT at any time with any questions or concerns

