

# Special Olympics Toronto Active Start & FUNdamentals Program

## Rosedale Junior Public School



**Active Start** is a program aimed at children 2-6 years of age with an intellectual disability (ID). When children with an ID receive early instruction in basic motor skills and have the opportunity to experience 'play,' there is improvement in their physical, social and cognitive abilities.

**FUNdamentals** is a program aimed at children 7-12 years of age with an intellectual disability. The program is a follow-up to the Active Start program and includes more sport specific related skills that will contribute to future sport participation.

Both programs aim to educate parents and caregivers about the value of sport in their child's life and expand their networks and support systems.

Every Tuesday, 6:00-8:00 pm, **November 2018 - May 2019**

**Rosedale Junior Public School**

**22 South Drive, Toronto, ON M4W 1R1**

**Registration Fee: \$25.00**

**Register Online: <http://go.specialolympicsontario.ca/torontoactivestart>**

For information or to volunteer, please contact Michael Chung:

[michaelc@specialolympicsontario.com](mailto:michaelc@specialolympicsontario.com)

[www.specialolympicstoronto.com](http://www.specialolympicstoronto.com)