

SUMMER COOKING CLASS

Learn to Cook Simple Nutritious Meals

Course Highlights:

- Goal focused with participant input
- Hands on learning
- Canada's Food Guide
- Food and Kitchen safety

Eligibility:

- Individuals (ages 16+) with an intellectual disability
- Follow up from family, guardian or home support
- Must be a member of Community Living Toronto
 - [Become a member](#)

Location:

North York Adult Development Program
1122 Finch Avenue West, Unit 8

Dates and Times:

Monday to Friday – 9:30 am to 3:00 pm
July 29 to August 2, 2019 (5 classes)

Fee: \$55.00 Payable to Community Living Toronto

[Apply for class](#) by completing the on-line form.

New Applicants will be contacted to arrange for a pre-course interview.

North York Council is providing a portion of the financing for this program!

Space is Limited!

New Applicants enrollment will be determined after applicants participate in a pre-course interview.

For more information

Please contact Wendy Dyke at 647-274-9281

email wdyke@cltoronto.ca