### COMMUNICATING FOR FUN: KINDERGARTEN

Parent and Child activities to Promote better Speech and Language and Hearing

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Go through old magazines with your child. Ask your child to cut out pictures of food. Encourage them to make a collage with the pictures. Talk to your child about their choices of food and healthy foods to eat.</td>
<td>Make a grocery list with pictures from flyers with your child. Go to the grocery store and have your child get things on his/her picture list.</td>
<td>With your child point to and have them name their eyes, ears, nose, mouth and hands. Play “I Spy with My Little Eye”, using their different body parts. Say, “I spy with my little eye, something that has two holes in it.”</td>
<td>Make a ‘feely can.’ (An empty coffee tin works well.) Put a favourite fruit in the can. Have your child feel the fruit (without looking), describe it, and try to guess what it is. Taste is after; talk about how it feels.</td>
<td>Take the spices out of your cupboard. Have your child smell each one. Ask them if it is spicy or sweet. Bake something together using some of the spices.</td>
<td>Get out some musical instruments (or pots and spoons). Play loudly and softly. Encourage your child to listen for the difference. Read “Hungry, Hungry Caterpillar” Talk with your child about all the different foods the caterpillar ate.</td>
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### KEY WORDS

**TOUCH, TASTE, SENSES, FOOD**

Repeat these words often during the week and give your child the opportunity to hear and say them.
FOOD AND OUR FIVE SENSES

Touch

Taste

Senses

Food

For more information on how to use the Communication Calendars have a look at the tip sheet: Communicating for Fun

Created in partnership with Ontario Association for Families of Children with Communication Disorders and Community Living Tillsonburg.