



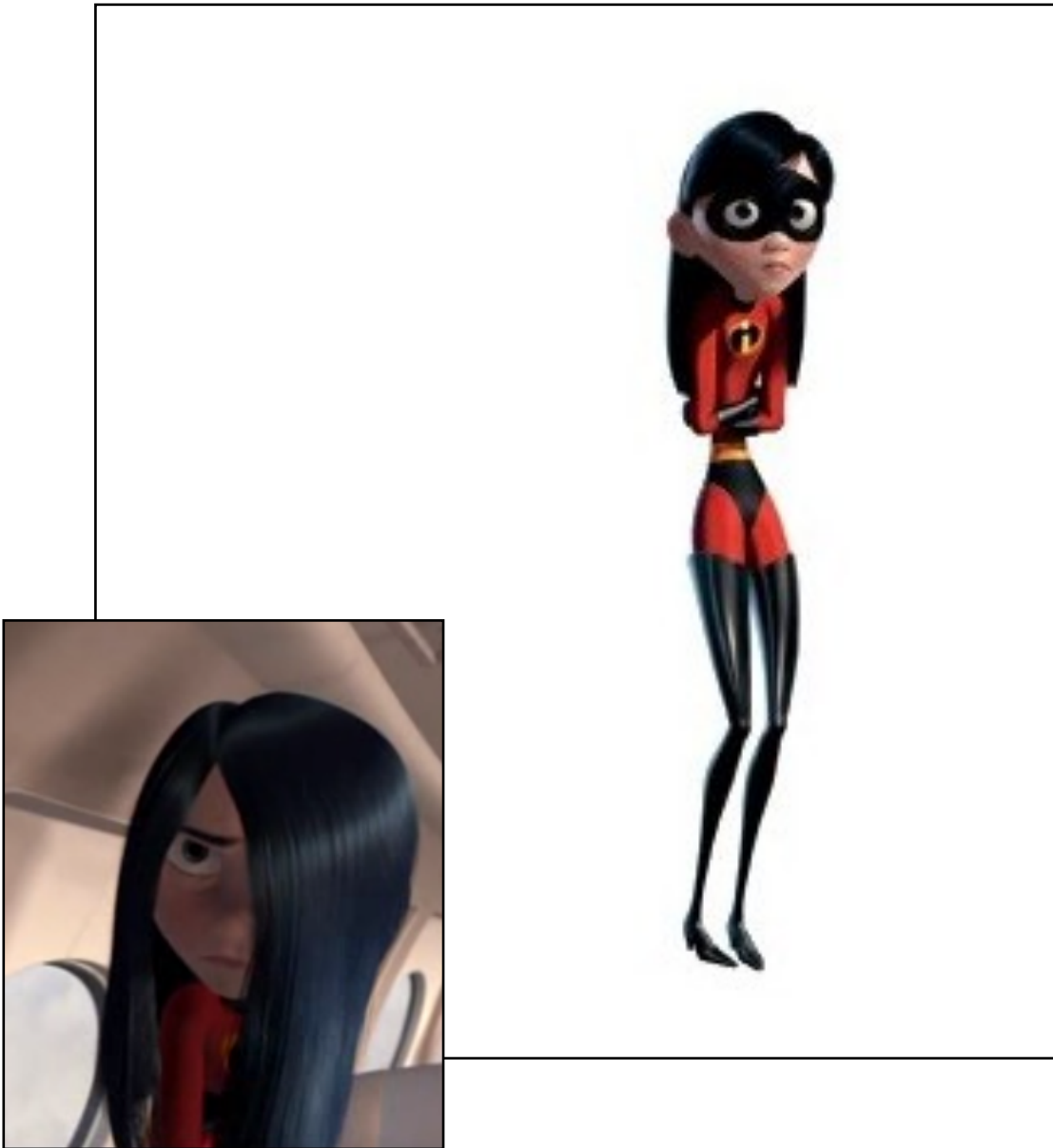
**The Incredibles
Book About
Winning and
Losing**



We are The Incredibles and we all like to play games and win.



When we win we can say things like
“Good Game!” or “That was fun!”



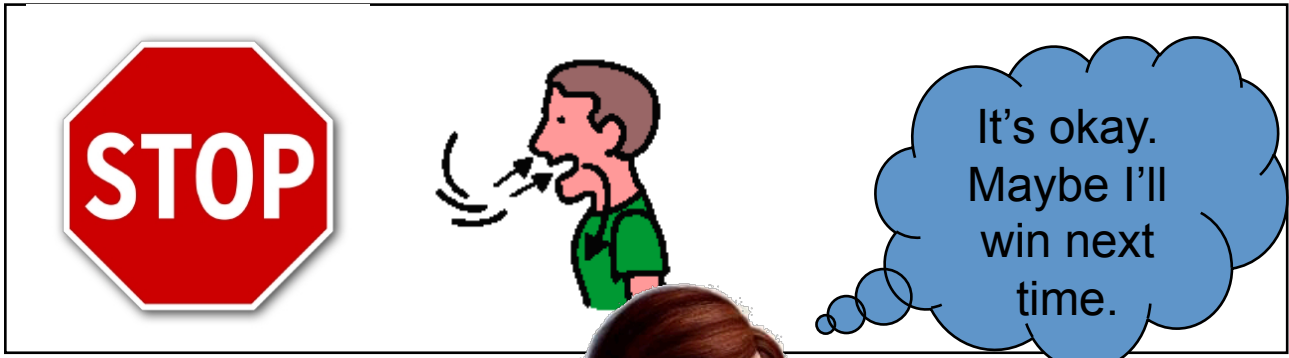
Sometimes we lose. This makes
some people feel sad or mad.
Some people don't like losing.



Sometimes when I lose I yell,
throw things, and I feel like hitting
something.



It's okay to be sad or mad. Everybody gets sad or mad sometimes.



When I lose I can try to remember to stop, take a deep breath and remember to think “It’s OK, maybe I’ll win next time”.

Good
Game!

That was fun!
Want to play
again?



Then I can say, “Good Game!”, “That
was fun!” or
“Let’s play again!”