BPS Formulation Grid

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| --- | --- | --- | --- |
|  | Biological(medical, genetic,medications, etc. | Psychological(emotional, cognitive,Behavioural, etc.) | Social(formal and informal supports,family, internal and externalresources, etc.) |
| Predisposing(historical factors) |  |  |  |
| Precipitating(contributing factors) |  |  |  |
| Perpetuating(sustaining factors) |  |  |  |
| Protective(strengths) |  |  |  |