

Special Olympics Toronto Active Start & FUNdamentals Program

Four Locations



Active Start is a program aimed at children 2-6 years of age with an intellectual disability (ID). When children with an ID receive early instruction in basic motor skills and have the opportunity to experience 'play,' there is improvement in their physical, social and cognitive abilities.

FUNdamentals is a program aimed at children 7-12 years of age with an intellectual disability. The program is a follow-up to the Active Start program and includes more sport specific related skills that will contribute to future sport participation.

Both programs aim to educate parents and caregivers about the value of sport in their child's life and expand their networks and support systems.

Tuesdays, 6:00-8:00 PM - Rosedale Junior Public School - 22 South Drive, Toronto, M4W 1R1

Tuesdays, 6:00-8:00 PM - Lawrence Park Collegiate Institute - 125 Chatsworth Drive, Toronto, M4R 1S1

Thursdays, 6:15-8:00 PM - Lambton Park Community School - 50 Bernice Crescent, York, M6N 1W9

Thursdays, 6:00-7:00 PM - New Visions - 222 The Esplanade, Unit 10, Lower Level, Toronto, M5A 1J2

***Active Start program only**

REGISTRATION ONLINE: <https://www1.specialolympicsontario.com/get-involved/athlete/>

For more information or to volunteer, please contact Michael Chung:

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www.specialolympicstoronto.com