## **LUNCH&LEARN**

### **Free Webinar for Families**

# **Empowering Family Caregivers to Improve Health Care Communication**

### **Tuesday March 3, 2020, 12-1 pm ET**

Families play a key role in supporting adults with developmental disabilities (DD) to manage their health. How can parents and siblings support their family member with a developmental disability to get the best health care possible? We will focus this session on two key communication tools, <u>About My Health</u> and <u>My Health Care Visit</u>, and how using these tools can really make a difference. This webinar is part of the Azrieli Family Education Series, and can be attended on-line or in-person.

#### **Presenters:**

- Lee Steel, Family Advocate, CAMH Azrieli Adult Neurodevelopmental Centre
- Irfan Jiwa, Research Analyst, CAMH Azrieli Adult Neurodevelopmental Centre
- Yona Lunsky, Director, CAMH Azrieli Adult Neurodevelopmental Centre and Health Care Access Research and Developmental Disabilities Program (H-CARDD)



- Register online
- For more information, please email <a href="mailto:hcardd@camh.ca">hcardd@camh.ca</a>

<u>Health Care Access Research and Developmental Disabilities (H-CARDD)</u> is a research program that aims to enhance the overall health and well-being of people with developmental disabilities (DD) through improved health care policy and services. For this project, H-CARDD partnered with <u>Vita Community Living Services (CLS)</u> and the Developmental Disabilities Primary Care Program at Surrey Place.

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