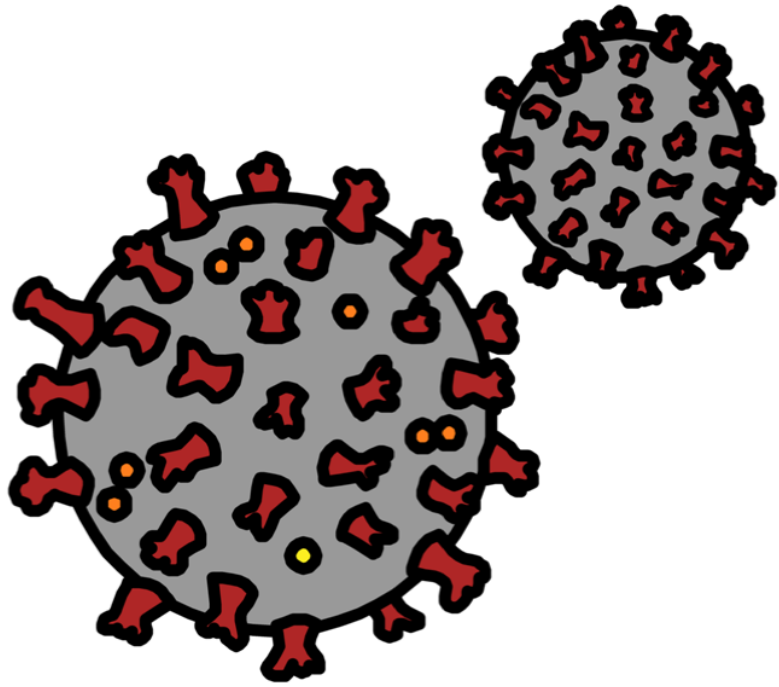


# COVID-19 Outdoor Visits



*Adapted from Community Living Toronto*



Since COVID-19, there have been a lot of changes.  
Places have been closed.

**There are new rules to follow from the government.**

**We are doing a great job keeping people safe by following these new rules!**



**This means that families and friends can visit if we are very careful!**





**Visits will be planned ahead of time.  
They will be at least 30 minutes long.**



We know you miss your loved one and they miss you too! In order to accommodate visits that prioritize the safety of your loved one and their support staff, we have developed guidelines that following Public Health and government guidelines, so that you can begin to socially visit with your loved one once again. Here are some tips for a successful visit:

1. **Plan ahead.** Visits must be booked with the staff at the location at a mutually agreed upon time.
  - a. **Keep it small.** No more than two visitors at a time.
  - b. **Keep it short.** Visits will be time-limited but no less than 30 minutes
  - c. **Keep it simple.** Work with the team to determine what type of visit is right for you:
    - (1) Drive-by or (2) Designated Outdoor Area (driveway/front or back yard/porch/deck)
2. **Participate in 'Active Screening'**
  - a. We will take your temperature
  - b. We will ask you to reschedule your visit if any of the following are true for you:
    - Do you have a **fever?** (*37.8°C or higher?*)
    - Do you have a **cough** that's new or getting worse?
    - Do you find that you're **out of breath**, or **unable to take deep breaths?** (*shortness of breath*)
    - Do you have a **sore throat, difficulty swallowing**, or are **losing your sense of taste or smell?**
    - Do you have **nausea or vomiting, diarrhea, or stomach pain?**
    - Do you have a **runny or stuffy nose** that is not because of allergies or another known reason?
    - Are you really **tired** or don't have energy and is this something that's new or different for you?
    - Do you find that you're **falling down** often, feeling **chilled**, or have a **headache?**
    - Do you have a "**barking cough?**" or are making a **whistling noise when breathing?** (*croup*)
    - Do you have **pink eye?** (*conjunctivitis*)
    - Are your **muscles aching?**
    - Have you been exposed to someone who has been diagnosed with COVID-19 in the last 2 weeks?
    - Have you travelled outside of Ontario in the last 14 days?
    - Have been advised by Public Health to self-isolate?

For an up-to-date list of symptoms, visit the Ontario Ministry of Health site at <https://covid-19.ontario.ca/self-assessment/>.
3. **Negative COVID-19 Attestation.** You will be asked to confirm your most recent COVID-19 test was negative and that it took place in the past two weeks of the visit date.
4. **Keep the distance.** At this time physical contact cannot take place. You must always maintain a safe distance of 2 meters while visiting your family member. We understand the importance of showing your love and appreciation, but currently, everyone's safety is our top priority.
5. **Wear a mask.** Even as we are committed to physical distance wearing a mask is important to reduce the spread of any germs.
6. **Bring a gift...if you want.** The gift of your time and company is most important. If you wish to bring food for your loved one, we ask that it be microwaveable food put in a sealed container that can be sanitized once inside the home. If it is a non-perishable item, please bring it in advance of the visit so that we can disinfect it to eliminate any risk of the COVID 19 virus remaining on the surface.
7. **Respect the rules.** Not following the guidelines set out by the Public Health and the government will result in ending the visit early.
8. **Be flexible.** For reasons such as illness, bad weather, or other extenuating circumstances at the manager's discretion, the visit may need to be rescheduled. Please be gracious with us as we reschedule your visit as soon as we are able!

We will ask visitors questions to make sure they're not sick.

Sometimes, a visit might need to be moved to another day if your visitor might be sick!



**The place outside where you meet will need to have enough space to meet safely.**

**Backyards, porches, or driveways are all options!**



**If your home does not have enough space outside, a nearby park might be a better place to meet.**







**Up to two people can visit you at a time. A support person will also be there to help everyone keep safe.**

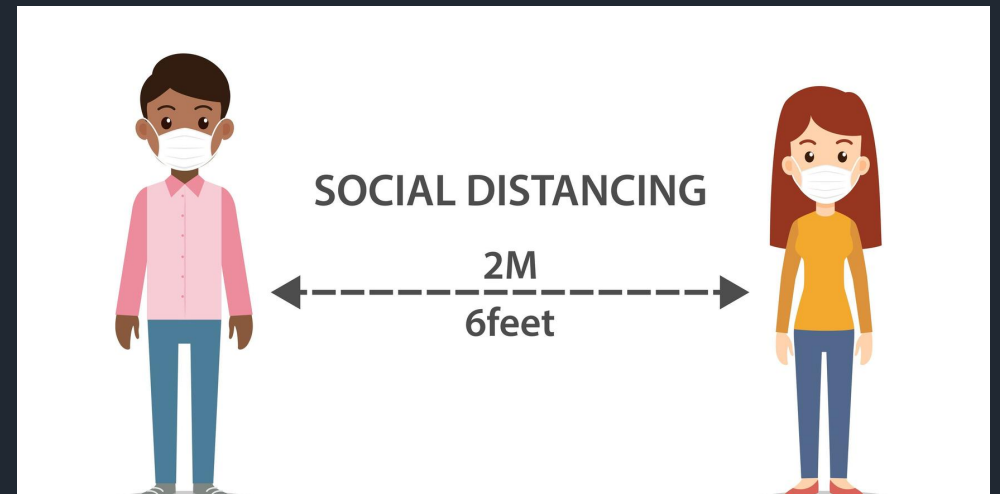
**Everyone will need to  
wear a mask.**



**You might sit in chairs set apart from each other. This reminds us to keep our distance.**



**Or, you may stay on your porch while your friends and family stay on the lawn or driveway!**



**If you and your guests do not keep apart, the visit may need to end early.**



**We are excited to  
welcome visitors!**

**We will all work  
together to be healthy  
and safe.**

