

## What to do while you are waiting for services –Quick links

### **STEPS to Independence - Getting ready for living independently**

A guidebook that provides an opportunity for individuals with an intellectual disability to determine how prepared they are for semi-independent living. It provides a holistic tool to help someone with their goal of living independently with supports by starting the conversation, identifying current skills, determining skill areas for improvement (where more learning can happen), and next steps to focus on.

<http://connectability.ca/2014/06/24/steps-to-independence-2/>

### **Money Matters**

Articles tip sheets, audio visual workshops, interactive games and tools all about financial literacy.

<http://connectability.ca/2011/11/08/budgeting/>

### **Cell phone as a safety Device**

A collection of articles and tools to help keep you safe while supporting more independence in the community.

<http://connectability.ca/2010/09/28/cell-phone-and-internet-safety/>

### **Online safety and social media**

A collection of articles, videos and audio visual workshops with tips for Online Safety and ways to make better use of online tools.

<http://connectability.ca/2014/01/29/online-safety-and-social-media/>

### **Person Directed Planning**

Articles and tools to help in the Person Directed Planning Process.

<http://connectability.ca/2012/08/13/pdp-planning/>

### **Person Directed Planning Resources**

A directory of resources and activities available in Toronto listed alphabetically.

<http://www.pdpresources.blogspot.ca/>

### **Visuals Engine**

A tool that creates visuals for printing or saving as a PDF. You can use this tool to create your digital picture guide book laying out the TTC route you would take to get to your favorite place in the city or to create your own story book or journal.

<http://connectability.ca/visuals-engine/>

## **Educational Opportunities after High School**

A listing of educational opportunities available for adults living in Toronto.

<http://connectability.ca/2014/08/27/educational-opportunities-after-high-school-toronto/>

## **Fee For Service Directory**

This directory contains Community Participation Support, Caregiver Respite and Person-Directed Planning Support listings for transitional age youth and adults that may be purchased using Ministry of Community and Social Services “Passport” funding or personal funds.

<http://connectability.ca/directory/>

## **Exploring Creative Alternatives to Government Funded Programs**

A DSTO Information Session Presented by Jenny and Mary Pat Armstrong, Jenny and Bonnie Heath, Esther Tuohy facilitated by Frances MacNeil (May 2010) Podcast

<http://connectability.ca/2010/08/03/exploring-creative-alternatives-to-government-funded-programs/>

## **Creative Solutions – Successful family Experiences**

A panel of families share their success stories and challenges in creating a meaningful life for their family member that values relationships, unique opportunities and is built on a person-directed approach.

<http://connectability.ca/2012/10/15/community-participation-supports/>

## **Funding: Thinking outside the box**

Learn about Crowd-source funding, alternative funding sources and using your Passport funds

<http://connectability.ca/2015/05/27/funding-thinking-outside-the-box-3/>

## **Financial and Legal Issues**

Whether it is RDSP, ODSP, Power of Attorneys, financial trusteeship there are things that parents need to be aware of and take action to ensure the financial security of their family member into the future.

<http://connectability.ca/2014/12/09/financial-and-legal-issues-2/>

## **Resource Directories**

A page of links to all resource directories available on ConnectABILITY.ca

<http://connectability.ca/resource-directories/>

## **Connected Families**

An online discussion area for you to connect with others within ConnectABILITY.ca

<http://connectability.ca/connected-families/>