Oji-Cree

ᑭᒋ ᐅᑕᑭᑯᒫᐱᓇᐃᓐᑐ 2019 (COVID-19)

Prevent Virus from Spreading

ᓇᑐᒋᑲᑌᑦ ᐁᑲ ᒋᒥᓯᒦᐃᓐᒋᑲᑌᑦ ᐊᑯᓯᐃᓐᑐ

ᓇᐱᒥᓂᖅᐊᒧᐊᓐᒃ ᐊᐃᓐᔭᑦ
ᑲᐃᓇᑲᓄᐊᓐᒃ ᒋᓴᑲᑲᐱᐊᓐᒃ
ᐅᑲᐯᓱᐃᓐᓂᐊᓐ

ᐅᐁᓐ ᐃᓐᑐᑕᒪᓇᐃᓐ ᒪᓯᓇᐤᐃᑲᑐ ᐸᑐᑭ ᐁᑕ ᐃᓐᑐᒋᓇᒪᑲᑐ ᐊᓂᑐ ᐊᐃᓐᔭ ᓇᑐᑕᑐᑦ ᐁᑲ ᒋᒥᓯᑌᓴᑦ ᑭᒋ ᐊᑭᑯᒪᐱᓇᐃᓐᑐ (COVID-19). ᑲᐃᓐᓂᓂᑯ ᒋᐃᓯᓴᑦ ᐁᑲ ᒋᑐᒋᑲᑌᑦ ᒪᒡᑭᑭᐃᓐᓃᓈᑐᑦ ᑲᐅᑐᒋ ᒥᑲᐋᓐᓯᑕᑯᓯᓇᓂᐊᓐᑦ, ᐊᐃᓐᔭ ᑲᐃᓐᑐᑕᒪᐊᓐᑲᓄᒻ ᐊᑯᓯᐃᓐᑐ ᐁᒻᐊᔭᒻ ᓇᑐᑕ ᒥᓇ ᓇᒋ ᓇᑐᑕᐃᓐᒻᐊᑲᓄᒻ.

ᐅᐁᓐ ᐃᓐᑐᑕᒪᓇᐃᓐᑐ ᑭᑮᓐᑐᑕᑲᓐᑐ ᑭᒡᐱᑐ:

- ᑭᒡᐱᑐ ᐁᑮᐃᓂᑯᔭᑐ ᒋᓴᑲᑲᑲᐱᔭᑐ ᑭᑲᐯᓱᐃᓐᓂᑦ ᓇᑐᑕ ᒥᓇ
- ᐁᐃᓐᒋᑕᒪᒻ ᐊᐃᓐᔭ ᑲᑭ ᐅᓐᑐᑕᑐᒻ ᒋᓴᑲᑲᐱᒻ ᑭᑲᐯᓱᐃᓐᓂᑦ

ᐱᒥᓂᖅᐊᑐ ᑭᒪᒡᑭᑭᐃᓐ ᐊᓄᑭᓇᑲᑐ ᑲᑭ ᐃᓱ ᐃᓐᑐᑕᒪᓇᒻ ᒥᓇ ᓇᑐᑕ ᑲᓴ ᒪᒡᑭᑭᐃᓐ ᐱᒧᒋᓇᐃᓐᑐ ᑲᐱᒧᑐᐊᓐᒻ. ᑭᒡᐱᑐ ᓇᑯᑐ ᐁᐃᓐ ᑲᓇᐤᑌᔭᑐ, ᓇᑐᑕ ᒥᓇ ᐊᐊᓐᓱᒥ ᐁᒻᐊᓃᓇᒪᑐᒋᒻᐅᔭᑐ, ᑲᓄᓂᑦ ᒪᒡᑭᑭᐃᓐ ᐊᓄᑭᓇᑲᓇᑦ, ᑌᐧᐊᒻᐁᐧ (1-877-797-0000) ᓇᑐᑕ ᒥᓇ ᑲᓴ ᑭᒪᒡᑭᑭᐃᓐ ᐊᓄᑭᓇᑲᑐ ᐃᒪ ᑭᑕᐃᓐᓂᑦ ᑲᑕᓇᓄᑭᐊᓐᒻ.

ᑭᑲᐯᓱᐃᓐᓂᑦ ᐊᔫᑐ

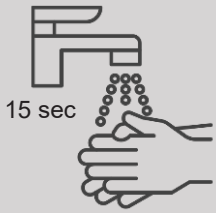
- ᑲᐃᓐᑐ ᐊᐸᒋᑐᑐ ᑲᓱ ᒪᒪᐃᓐ ᐱᒥᔭᐊᓐᑲᓂᐊᓐᑦ ᓇᑐᑕ ᒥᓇ ᑕᑦᔨ.
- ᑲᐃᓐᑐ ᐊᑐᑕᐃᓐ ᐊᓄᑭᑐ, ᐃᒡᑯᓄᐃᓐᑐ ᓇᑐᑕ ᒥᓇ ᐁᑲ ᑮᓴᔭᑐ ᑲᓱ ᒥᓱᓇᓂᐊᓐᑦ.
- ᐊᐁᓐ ᑭᒪᒡᑭᑭᐃᓐ ᐊᓄᑭᓇᑲᑐ ᑭᑲᐃᓐᑐᑕᒫᑦ ᐊᓇᐱ ᑫᑭᓱ ᑭᐁᓴᑲᒻᐊᒪᑐ ᑭᑲᐯᓱᐃᓐᓂᑦ.

ᑲᒡᑲᓇᒪᓐᐱᓱᑐ ᑭᑭᒡᑲᑐ

- ᑭᒡᐱᑐ ᑕᒡ ᐃᓯᓴᑦ ᒋᓴᑲᒻᐊᒪᑐ ᑭᑲᐯᓱᐃᓐᓂᑦ ᐁᐃᓐ ᐊᑐᑕᐊᓐᐸᒪᒻ ᒪᒡᑭᑭᐃᓐ ᐊᓄᑭᓇᑲᑐ ᓇᑐᑕ ᒥᓇ ᒋᐯᓐᓴᐊᓐᐸᒪᒻ ᐊᐃᓐᔭ ᓇᑐᑕ ᓂᓇᒥᓯᐟ ᒥᓂᑯᑦ, ᑲᒡᑲᓇᒪᓐᐱᓱᑐ ᑭᑯᑖᑦ ᒥᓇ ᑭᑐᓂᑦ.

ᑲᓯᓂᑮᑐ

- ᓴᑯᓇᑦ ᑲᓯᓂᑦᑮᑐ ᓇᐱᐊᓐᐳᑲᑦ ᓇᑐᑕ ᐱᑯ 15 ᑕᓯᑎᐸᒻᐃᑲᑐᒡ ᒥᓂᑯᑦ.
- ᐹᑦᑯᓂᑮᒻᐅᑐ, ᓇᑐᑕ ᒥᓇ ᑎᐸᑦ ᑲᓯᑲᓐᑦᑮᑭᑐ ᑲᐊᐸᒋᑐᔭᑐ.
- ᒪᒡᑭᑭᐃᓐ ᑭᓯᓂᒋᒻᐅᓇᑐ ᐊᐸᒋᑐᑐ ᑭᒡᐱᑐ ᓇᑦ ᒥᓇ ᓂᐱ ᐁᑲ ᑕᑲᑦ.



ᑲᐃᓐᑐ ᒥᑮᑐ ᐊᐃᓐᔭ ᑕᐱᑐᑎᑭᐊᓐᑦ ᑭᑲᐯᓱᐃᓐᓂᑦ

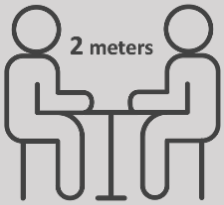
- ᐃᑭᓐᓂᐊᓐᑦ ᐁᑕ ᑲᐃᓯᓴᓂᑦ ᒋᑭ ᐱᑐᒋᑎᑭᐊᓐᒻ ᑕᐱᑐᑎᑭᐊᓐᑦ ᒥᓇ ᐊᒋᓇ ᐁᑕ ᒋᐱᑐᑲᐃᓐᑲᑦ.

ᑲᖅᑲᓇᒧᓂᑎᓱᑦ ᐊᓐᓯᓱᑕᒪᑦ ᒥᓇ ᐊᓴᓂᒧᔭᑦ

- ᑲᖅᑲᓇᒧᓂᑎᓱᑦ ᑭᑐᓂᑦ ᒥᓇ ᑭᑯᑖᑦ ᓰᓂᖅᑭᑯᒥᖅᐅᓂᐯᐸᑦ ᒋᐊᐸᒋᑐᔭᑦ ᐊᓐᓯᓱᑕᒪᑦ ᓇᑦᑕ ᒥᓇ ᑲᓴ ᐊᓴᓂᒧᔭᑦ.
- ᑭᐊᓐᓇᑲᓐᔭᑦ ᓇᑦᑕ ᐃᒪ ᑲᓂ ᐱᖅᑭᓂᑭᔭᑦ ᑭᑐᖅᑲᓐᓈᑦ ᐃᓂ ᐊᓐᓯᓱᑕᑦ ᒥᓇ ᐃᓂ ᐊᓴᓂᒧᑦ, ᑲᐃᓐᑦ ᑭᓂᑦᑮᑦ.
- ᐅᓐᐱᓇᑦ ᑲᑭ ᐃᓂ ᓰᓂᑦᑭᑯᒥᖅᐅᔭᑦ ᐅᓐᐱᓂᑭᐊᓐᓂᑦ, ᒥᓇ ᑲᓯᓂᑦᑮᑦ.
- ᑲᓰᓂᑦᑮᑦ ᐃᖅᑲᓐ ᐅᓐᐱᓇᒪᑦ ᑭᐅᓐᐱᓂᑭᐊᓐᖅ.

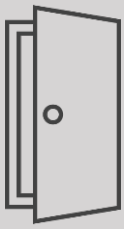
ᑲᐃᓐᑦ ᐊᐃᓐᔭ ᐯᓴᐊᓐᑉᑦ

- ᑭᖅᐱᑦ ᐃᒪ ᐅᖅᐊᔭᔭᑦ ᑯᑕᑭᔭᑦ ᐊᐃᓐᔭᑦ ᑲᓂᔭᐊᓐᒃ, ᑲᐃᓐᑦ ᐊᐃᓐᔭ ᐯᓴᐊᓐᑉᑦ ᓇᑦᑕ ᐱᑯ **ᓂᓴᒥᓯᑦ** ᒥᓇ ᐊᑲᓐᓇᒪᐱᓱᑦ ᐃᒪ ᑭᑯᑖᑦ ᒥᓇ ᑭᑐᓂᑦ.
- ᑭᖅᐱᑦ ᐅᑲ ᑭᐊᑲᓐᓇᒪᐱᓱᔭᑦ, ᐃᑭᓐᓂᐊᓐᑦ ᑯᑕᑭᔭᑦ ᐃᒪ ᑲᐊᔭᐊᓐᒃ ᐃᓐᓇᐊᓐ ᓴ ᐃᓱᓴᓂ ᒋᑲᖅᑲᓇᒪᓐᐱᓱᐊᓐᒃ.



ᒪᓈᒋ ᐊᓴᐃᓐᖅᐃᑦ ᑯᑕᑭᔭᑦ ᐊᐃᓐᔭᑦ

- ᐱᖅᑭᖅ ᐸᑭᔭᑦ ᐃᓂ ᑕᓇᐱᑦ ᑭᑲᐯᓂᐃᓐᓂᑦ ᒥᓇ ᑎᐸᑦ ᒥᓯᐃᓐᑲᒥᑦ ᐊᐸᒋᑐᑦ ᑭᖅᐱᑦ ᐊᔭᐊᓐᑐᑦ.
- ᑭᖅᐱᑦ ᒥᓂᓄᐊᐸᒋᑐᐊᑦ ᐸᑭᔭ ᑭᒋᓇᒻ ᒋᑕᐃᓐᒪᑦ ᐸᐸᐱᐃᓐᑦ ᐅᖅᑲᑦ ᒋᐅᑦᒋ ᐱᑦᑎᑭᓄᐅᓐᑦ ᐸᑦᑭ.



ᐱᒥᓂᓴᖅᐊᓂᑦ ᐅᑭᓐᓂᐊᓐᑦ ᑲᓂ ᐃᑦᑕᒪᐃᓐᑲᓐ ᒪᖅᑭᑭᐃᓐ ᐊᓄᑭᓇᑲᓇᑦ ᒥᓂᑯᑦ ᑭᑭ ᑭᐅᓐᓴᑲᖅᐊᒪᑦ ᑭᑲᐯᓂᐃᓐᓂᑦ ᒥᓇ ᑲᓂ ᒥᓂᓄᓇᓂᐊᓐᑦ.

ᓇᓇᑦᑕᐃᓐ ᑭᑭᑦᑕᑦ ᕿᑯᓐᓂᐊᓐᑦ ᐃᐅᓐ ᑭᒋ ᐊᑭᑯᒪᐱᓐᓄᐃᓐᑦ

COVID-19 ᑲᐃᒋᑲᑐᑦ ᐅᖅᑭ ᐊᑯᓯᐃᓐᓂᐊᓐᑦ. ᐅᑲᓐ ᑕᖅ ᐃᒪ ᐅᑦᒋ ᐊᓴᐃᓐᖅᐃᐅᓐᒪᑲᑦ ᐸᑭᑕᓇᒧᐃᓐᓂᑦ ᑐᑲᑦ ᓯᖅᑯᐃᓐᓂᑦ ᐊᐅᓐ ᐊᓴ ᑲᐅᑕᑭᑯᒪᐱᓐᓂ ᑲᐯᓴᐊᓐᐸᒪᖅ ᑐᑲᑦ ᐃᑭᓐᓂᐊᓐᑦ ᑲᐃᓐᑮᑕᒫᖅ ᓇᑦᑕ ᑲᐅᑦᒋ ᐸᒥᓇᖅ.

ᑭᑮᓐᑦᑕᑲᓐᑦ ᒋᐱᒥᓂᓴᖅᐃᑲᑦ ᐅᑭᓐᓂᐊᓐᑦ ᐃᓐᑦᑕᒪᑭᐃᓐᓇᑦ ᐅᑲ ᐊᐃᓐᔭ ᒋᐊᓴᐃᓐᖅᐊᑲᓄᖅ.

ᓇᓇᑦᑕᐃᓐ ᑭᑭᑦᑕᑦ ᕿᑯᓐᓂᐊᓐᑦ ᐃᐅᓐ ᑭᒋ ᐊᑭᑯᒪᐱᓐᓄᐃᓐᑦ

ᐃᒪ ᑭᑲᑮ ᐃᓱᑭᑦ ᒪᖅᑭᑭᐃᓐ ᐊᓄᑭᓇᑲᓇᑦ ᓯᐧᐱᖅ ᐅᑦᑎᐧᐃᓯ 1-866-532-3161 ᓇᑦᑕ ᒥᓇ ᐃᓇᐱᔭᑦ ᑭᒋᒪᖅᑭᑭᐃᓐᑭᒪ ᐅᐃᓐᑦᑕᒪᕿᐃᓐᓇᑦ ᑲᓂ ᐸᑭᑎᓇᑭᑦ ᒪᒪᑦᑕᐊᓐᐱᑯᑦᑦ:

www.phdapps.health.gov.on.ca/PHUlocator

ᓇᑦᑕ ᒥᓇ ᑲᑭ ᐃᓇ ᓴᑯᓇᑦ ᑲᓂ ᐃᓐᑦᑕᒪᑲᓂᐊᓐᑦ ᐃᐅᓐ ᐅᑦᒋ ᑭᒋ ᐊᑭᑲᓐᐱᓐᓄᐃᓐᑦ COVID-19 ᐃᒪ ᐅᑦᑎᐧᐃᓯ ᑭᒋᒪᖅᑭᑭᐃᓐᑭᒪ ᐅᐃᓐᑦᑕᒪᕿᐃᓐᑦ ᑲᓂ ᐸᑭᑎᓇᑦ ᒪᒪᑦᑕᐊᓐᐱᑯᑦᑦ:

https://www.ontario.ca/page/2019-novel-coronavirus-2019-ncov