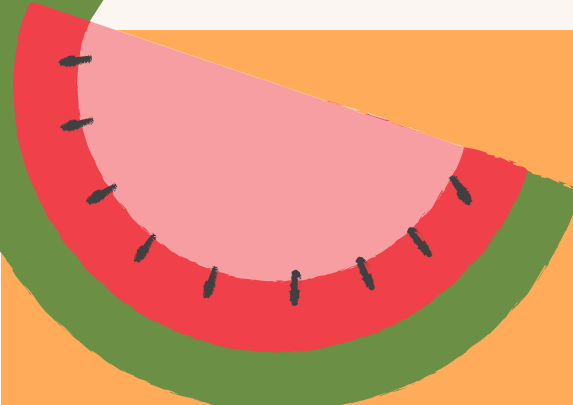




community
junction



VIRTUAL
SUMMER
SESSION
2021



JUNE 14TH TO
AUGUST 6TH 2021

Registration Opens:

MAY 26TH 2021 @ 11AM



Sunshine
on my
mind



MyCommunityHub

MY TIME. MY ACTIVITIES. MY CHOICE.

You can now use MyCommunityHub to SEARCH, REGISTER and PAY for your favorite Community Junction classes, ONLINE!

If you don't have access to a computer, or do not have a credit or debit card, you can still register and pay in person.

To get started please visit:

www.mycommunityhub.ca and enter your class code, class title or Community Junction in the search bar

Still have questions? Feel free to contact us for help navigating MyCommunityHub or head over to our website or Facebook page to watch our step-by-step instructional video

Website:

<http://cltoronto.ca/hubs/community-junction/>



2934 Dundas Street West
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647-729-3508

MONDAY

14859 YOGA WITH MURALI

\$56

10:30A.M. - 11:30A.M.

Yoga is a practice that connects the mind and body with the pure self. These gentle classes will introduce exercise that the student can learn and add to their everyday life. Classes will include: Guided relaxation and meditation exercises alongside a gentle warm up movement.

14851 BINGO HALL

Free

1 P.M. - 2P.M.

Join Junction Staff in our Monday afternoon Bingo Hall! Bring your snack of choice and your good luck charm! The hour will be filled with chats, bingo, and lots of laughter.

A prize will be given out each week!

****In an effort to play fair, if a winner has won a previous game, the prize will be given to the runner up****

Our bingo classes this session have been brought to you, free of charge, by the Etobicoke/York Council!

TUESDAY

14860 ZUMBA

\$64

10:30A.M. - 11:30A.M.

Join Tammy Gunn in our virtual Zumba Class!! Zumba is a Latin based dance fitness program, involving both dance and aerobic elements. This class provides stress relief and exercise to participants in their own home. During this class you will find yourself smiling uncontrollably and enjoying the music as you move your body

14856 SUMMER ART

\$128

2P.M. - 3P.M.

Join the Junction Staff in a guided step-by-step art program! The program will ship a supply box with 8 weeks' worth of material directly to your door so you can virtually follow along with the instructor.

Art boxes will be delivered to your door

WEDNESDAY

14884 BINGO HALL

Free

10A.M. - 11A.M.

Join Junction Staff in our Monday afternoon Bingo Hall! Bring your snack of choice and your good luck charm! The hour will be filled with chats, bingo, and lots of laughter.

A prize will be given out each week!

In an effort to play fair, if a winner has won a previous game, the prize will be given to the runner up

Our bingo classes this session have been brought to you free of charge by the Etobicoke/York Council!

14857 MUSIC JAM

\$32

1:30P.M. - 2:30P.M.

Join Andre Tellier in our Virtual Music Jam! Together we will explore popular songs, old favorites, and standards! Rocking out to our all-time favorites in a group setting!

THURSDAY

14858 STRETCH AND TONE

\$64

10:30A.M. - 11:30A.M.

Join Tammy Gunn in stretching out your body and feeling good all over. In this class, we will do standing stretches along with chair and mat work. This class moves at a slower pace and will involve working and strengthening your core.

14853 IPAD 101

\$48

1 P.M.- 2P.M.

Join Community Junction staff as we explore the ins and outs of iPads! This class will inform you on how to properly use your devices, stay safe on the internet and all the tips and tricks to get the most out of your virtual experience.

*Participants must own an iPad to participate

FRIDAY

14852 COFFEE HOUSE
10:30 A.M. - 11:30 A.M.

Free

Join Junction Staff in our Friday morning Coffee House! Bring your morning /lunch drink and snack of choice and come chat! The hour will be filled with games, chats, and laughs!

14854 KARAOKE
1 P.M. - 2:30 P.M.

Free

Join Junction Staff in our virtual version of Karaoke! Together we'll come up with the weeks playlist and give everyone their time to shine on stage! The perfect way to finish off the week!



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COMMUNITY LIVING
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United Way
Greater Toronto