



# ADVOCATES FOR A BETTER FUTURE

Welcoming adults 18+ living in Toronto  
with a developmental disability

Join us on the **2nd Saturday** of each month **on Zoom** from  
**1pm-3pm!** Please contact us for meeting details

## 2021 Meeting Dates:

January 9

February 20

March 13

April 10

May 8

June 12

July 10

August 14

September 11

October 16

November 13

December 11

We want to be a safe and supportive group. If there are  
barriers to you attending, let us know how we can help

For more information, please contact:

**[abfgrouptoronto@gmail.com](mailto:abfgrouptoronto@gmail.com)**

OR call Elizabeth at 647 205 5981 or April at [awhynott@vitacls.org](mailto:awhynott@vitacls.org)