

Creating Your Individualized Housing and Support Plan

Free Virtual Workshop Series

This three (3) session workshop series is designed to help you begin creating an individualized housing and support plan for you or a family member with a developmental disability.

Topics covered will include:

- 🌱 Creating your vision and learning from others
- 🌱 Discovering your strengths and needs
- 🌱 Creating a record of your support needs
- 🌱 Investigating how technology can be used to increase independence
- 🌱 Building on natural supports and creating community circles
- 🌱 Exploring generic and disability specific services and supports
- 🌱 Bricks and mortar – housing options
- 🌱 Considering opportunities for self-funding and creating a housing and support budget
- 🌱 Pulling it all together and creating measurable goals

This free online workshop series is open to people with developmental disabilities, their family members and/or their support networks living in Ontario. Questions about this event can be sent to the following Housing Navigators and facilitators of this event:

Housing Navigator	DSO Region	Email
Bambi Pepe	Northern Region	b.pepe@lccare.ca
Amber Armstrong	Central West Region	a.armstrong@sunbeamcommunity.ca
Al Hendry	South West Region	alhendry@dsoswr.ca
Tanner Stranges	Hamilton-Niagara Region	housing@dsohnr.ca

DATES: **Session 1: Tuesday, November 16, 2021**
Session 2: Tuesday, November 23, 2021
Session 3: Tuesday, November 30, 2021

TIME: 10:00 am – 12:30 pm EST

NOTE: It is recommended you attend all three sessions as the content of each session is connected.

To register for this virtual workshop series please visit: [Register Here](#)