

# Relationship Group

Sexual Health. Education. Community.



The Relationship Group is for self advocates with a Developmental disability to build safe and strong relationships. We work on safety, respect and self esteem.

**This group is for anyone who:**

- Is interested in learning about healthy relationships.
- Wants to listen and share their relationship experiences.
- Is looking to meet up with peers.
- Is able to attend all meeting dates
- Is 18 years or older.

**Come join a group of peers and take part in a special 4-part series of ZOOM workshops to discuss relationships and what relationships mean to you.**

Friday mornings 10:00am - 11:00am  
January 21, February 4, 18, and March 4

**Please note a zoom link will be sent prior to each session.**

If you are interested in registering, please contact one of the following:

**Elizabeth Irwin:** [elizabethir@familyservicetoronto.org](mailto:elizabethir@familyservicetoronto.org) or 647.205.5981

**Linda Ger Walters:** [lindagerwalters@sympatico.ca](mailto:lindagerwalters@sympatico.ca) or 416.716.8343

**Relationship Group:** [relationship.group.toronto@gmail.com](mailto:relationship.group.toronto@gmail.com)

*We believe that relationships offer safety, support, value,  
purpose and a sense of belonging*