



# Moms Supporting Moms

Join with other moms who are parenting a child of any age with an  
intellectual disability or autism  
to

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SHARE, STRATEGIZE, SUPPORT

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**MONDAYS 7:30-9:30 PM**  
**SEPTEMBER 19-DECEMBER 12, 2022**  
**OR**  
**THURSDAYS 1:00-3:00 PM**  
**SEPTEMBER 22-DECEMBER 15, 2022**

To register please contact  
Linda at [lindagerwalters@sympatico.ca](mailto:lindagerwalters@sympatico.ca)  
or  
Tracey at [toregan@cltoronto.ca](mailto:toregan@cltoronto.ca)

COMMUNITY LIVING  
Toronto 

**Relationship Group**  
Sexual Health. Education. Community.