Walk 'n' Rock Crafts | Painting | Outdoor Activity



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WHAT MAKES IT MEANINGFUL

An introduction to the activity and how it helps lead to a meaningful day.

TIME

The duration of the walk is of choice. Painting the rocks may vary 30-45 minutes.

MATERIALS

Include and necessary or suggested materials needed for the activity

- Flat rocks (can be found outdoors!)
- Paint (Dollar store \$5-10)
- Paint brush
- Small cup of water to rinse brush (household item)
- bag





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INSTRUCTIONS

Include any instructions needed

The walk and rock hunt

- 1. Grab a bag, water, and head out for a nice walk in the community!
- 2. During your walk look out for flat surface rocks that would be easy to paint on. Collect at least 5 rocks or more if you like. Place them in your bag
- 3. Continue your walk or return home when you are ready.

The rock painting

- 1. Wash your rocks under water and pat them dry.
- 2.Set up your paint station.
- 3. Paint your rocks- your choice of colour or design.



RESOURCES

How to Paint Rocks Step by Step || Rock Painting for BEGINNERS || Start Stone Painting Today!

SUPPORTS NEEDED

Supports may vary, based on individual's needs.

OTHER THINGS TO NOTE:

-Art supplies are covered under Passport, due to temporary eligibility. -Designed rocks can be added to plant pots or garden for decorations.

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