

Auto-Biography

My “Me” Scrapbook



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WHAT MAKES IT MEANINGFUL

Creating a scrapbook, all about me. This scrapbook can include favourite photos, cards, memorable items. It is a great way to demonstrate all the important things that are special and valuable to you. This scrapbook can be shared with family and friends.

TIME

A minimum of one hour. More time may be needed, depending on the amount of information and detail that you want to include.

MATERIALS

Include any necessary or suggested materials needed for the activity.

- Scrapbook
- Scissors
- Photos
- Magazines
- Paste or glue

INSTRUCTIONS

Include any instructions needed:

1. Write your name, date of birth and any other personal details you wish to include



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2. Collect favourite pictures, photos, drawings, memories to include on each page that reflect who you are and who you want to be
3. Include the date of when you insert special pictures, memories
4. You can also include tickets to events, and postcards, or special items.
5. When your book is completed, it can be stored and brought out to share with others or to look at to remind yourself of special memories

RESOURCES

Include any helpful resources – like links to other instructions.

1. 365 Smart After-School Activities, Ellison. Gray, 1995. Sourcebooks Inc.

SUPPORTS NEEDED

This activity can be done alone, or with a friend. Support can be provided with getting items or assembling and securing items into the scrapbook.

OTHER THINGS TO NOTE

- You can start a scrapbooking club
- Do scrapbooks as gifts, “All about my Family”, “All about my friends”