



Facebook Account

Technology

ConnectABILITY.ca

WHAT MAKES IT MEANINGFUL

Facebook is an online forum that connects you with friends, family and other social media. Having a facebook account enables the user to share posts, which can include pictures, stories, news and other online information.

TIME

Facebook time could include browsing on friends, family and other social media accounts. It could be a minimum of 15 minutes or a few hours depending on what you want to do.

MATERIALS

A device to access a facebook account, could be any of the following:

All costs below range from \$50.00 and up

- Computer
- Cell phone
- Tablet
- Access to the internet/wifi
- Visit the local library to access computer or borrow a tablet

INSTRUCTIONS

Include any instructions needed:

1. To set up a facebook account, go to the website facebook.ca and click on “create new account”
2. User must have a current email or phone number to attach to the facebook account
3. To obtain an account, you must enter a username and password every time you access your account



Facebook Account

4. Once you have entered facebook you can add a profile picture and a cover photo on your account.
5. You can search for people you might know under the people icon. You can also search for topics or groups that might be of interest to you in the search icon.
6. Your facebook profile will grow as you add family, friends and interests.
7. If you no longer wish to have a facebook account, you can deactivate your account in settings.
8. ***For Security reasons-only accept friend requests from people that you know.***

RESOURCES

- [Facebook.ca](https://www.facebook.ca)

SUPPORTS NEEDED

If you need help initially setting up an account you should ask a peer, family or friend to help you set up your account.

OTHER THINGS TO NOTE

Talk to family and friends to assist in setting security and privacy settings so you can limit access to your facebook account to people that you know.