



MOMS SUPPORTING MOMS

JOIN WITH OTHER MOMS WHO ARE SUPPORTING A CHILD WITH AN
INTELLECTUAL DISABILITY OR AUTISM OF ANY AGE
TO

SHARE, STRATEGIZE, SUPPORT

Mondays 7:30 - 9:30 PM
October 23-December 18, 2023

OR

Thursdays 1:00 - 3:00 PM
October 26-December 21, 2023

To Register Contact

Linda: lindagerwalters@sympatico.ca

or

Tracey: toregan@cltoronto.ca

COMMUNITY LIVING
Toronto



75
years of
belonging

Relationship Group

Sexual Health. Education. Community.