

# **OUT & ABOUT**

**A FREE MONTHLY MEETUP FOR  
2SLGBTQIA+ ADULTS (18+)  
WITH AN INTELLECTUAL  
DEVELOPMENTAL DISABILITY**

Sign up if...

- You're an adult (18+) with an intellectual developmental disability
- You identify as 2-Spirit, Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, PLUS!
- You want to connect with other Queer folks

Runs once a month on Tuesdays from 6:30 - 8:30 pm at 50 Sousa Mendes St

For more information including monthly dates, and to register  
please contact [outandabout@conc.ca](mailto:outandabout@conc.ca).