

UNDERSTANDING ALCOHOL MAKING THE RIGHT CALL

A Safe Space Information Workshop

Talking about

- What YOU Think YOU Know
- The Facts about Alcohol
- Peer Pressure from Friends
- YOUR Stories
- Making Healthy Choices
- What if
- Safety
- What Doctors say
- How to ASK for Help
- Who to TALK to

WHO IS THIS WORKSHOP FOR?

- Those who want to make informed choices
- People who live with a Developmental Disability
- Semi-independent Living SIL participants
- · People who want to live, or already are living on their own
- Those who want to have more control

SMALL GROUPS BIG CONVERSATION Maximum 15 people/Session

Each session is TWO consecutive Mondays or Tuesdays 4:30 - 6:00 pm on ZOOM

Please Note:

In order to provide this workshop, FREE, to those we support, a nominal fee of \$10 per person will be charged to the agency/service provider that they are registered through.



REGISTRATION UNDERSTANDING ALCOHOL

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AGENCY NAME:			
Email:	Spaces Your ag Each of	_ Each of the sessions will be a mix of people	
Participants must attend BOTH DA	TES From their chosen session - I	DEADLINE IS NOVEMBER 17,2023	
SESSION ONE: OR Monday Nov 20 AND Monday Nov 27		DR SESSION THREE: Monday Dec 11 AND Monday Dec 18	
NAME OF PARTICIPANT:	Email: send ZOOM Invite to:	INDICATE WHICH SESSION: ONE, TWO or THREE	

PLEASE SEND COMPLETED REGISTRATION FORMS TO:

mmackenzie@montagesupport.ca