



# Boating in Ontario

## Outdoor Activities

ConnectABILITY.ca

### WHAT MAKES IT MEANINGFUL

In Ontario, we are so lucky to live near so many beautiful bodies of water to explore. The City of Toronto is right next to the beautiful Lake Ontario, which is a great place to spend some time. Most people know that they can sit on the beach and enjoy the water, but you can also rent canoes and kayaks from the Harbourfront Canoe and Kayak Centre and boat around the shore and Toronto Island. This is an amazing opportunity for you to get out into nature and see the city and Centre Island from a whole different perspective.

You can also do this activity in other cities and parts of Ontario. The resources and more information on these are available under the “Resources” section. This activity guide focuses on boating in Toronto, but the steps to do the activity can be transferred to any part of Ontario that has boat rentals.

### TIME

The activity of boating around Toronto Island will take at least 2 hours, not including however long it takes to travel to the Harbourfront Dock city-side location (located at 283 Queens Quay W Toronto M5V1A2). The boat rentals are offered for up to two hours, up to four hours or for the entire day. You will also need to allot time for the water-taxi across from Toronto to Toronto Island.

### RENTAL COSTS

- The two hour rental is \$75, the four hour is \$95 and the full day rental is \$105
- These prices include the canoe, all safety equipment, taxes and shuttle to Toronto Island
- A full breakdown of pricing can be found on the Harbourfront Canoe and Kayak Centre’s [website](#)

### MATERIALS

- Water and snacks or lunch for the day
- Sunscreen
- Hat
- Backpack/bag to keep your items in



# Boating in Ontario

- Plastic bags to waterproof your phone, wallet and valuables inside your backpack in case the boat tips (like Ziplock bags, \$4 from Dollarama)
- Sunglasses (optional)
- Shoes that you don't mind getting wet

## INSTRUCTIONS

Include any instructions needed:

1. First, pick a date that works for you and whoever you are going with. We highly recommend that you do this activity with at least one other person, so that you can share the fun and because boating in a canoe is much easier with two or three people. Block off enough time to travel to the boating centre (amount of time dependent on where you live and your method of transportation), at least three or four hours for the two-hour rental option, five or six hours for the four-hour rental option and all day if you are renting a canoe for the whole day, and enough time to travel back home.
2. Second, arrange your transportation to and from the Harbourfront Canoe and Kayak Centre.
3. Once you have travel arranged, you can book your canoe rental at <https://paddletoronto.com/canoe-rentals/>
4. When the day arrives for you to do this activity, make sure to bring lots of water, snacks, sunscreen and other necessities with you before leaving.
5. Head to the Harbourfront Canoe and Kayak Centre and pick up your rental boat, lifejackets, paddles and bailing kits! At no extra cost, the Harbourfront staff will take you over to Toronto Island where you'll be able to start your adventure!
6. Always tell other people where you are going.
7. Ensure that you don't leave your boat unattended, or else it may be stolen or damaged.
8. Make sure to return your boat by the end of your booking time.
9. Drink lots of water and eat snacks as needed to keep up your energy for this activity.
10. Return your boat, paddles and lifejackets to the place you picked them up, and head home.

## RESOURCES

- [The Harbourfront Canoe and Kayak Centre website](#), for booking a rental and more information about this activity
- [Booking lessons through the Harbourfront Canoe and Kayak Centre](#)
- [Boat rentals in Guelph, Ontario](#)
- [Boating in Hamilton, Ontario](#)

## SUPPORTS NEEDED

This activity is meant to be done with two or more people. The centre has canoes that will fit two or three people, and you can book multiple boats if you are looking to do this activity in a group. You may want to bring someone who you can rely on for physical support if needed, as this is somewhat of a physical activity.

## OTHER THINGS TO NOTE

The canoe and kayak rentals through the Harbourfront Canoe and Kayak Centre operates from June 1<sup>st</sup> until the end of September every year. They are open Monday to Friday Noon – Sunset and Saturday & Sunday from 10am – 5:30pm.

You can contact the centre to book a rental by emailing [ask@paddletoronto.com](mailto:ask@paddletoronto.com) or calling 416-203-2277