



Creating Characters

Storytelling

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WHAT MAKES IT MEANINGFUL

Creative writing is a very fun and imaginative activity that allows you to explore your creativity and create new worlds, characters and stories. Every good story needs characters! Creating characters to use in stories can give you the opportunity to further develop your story landscape and bring worlds to life. Creating your characters and writing about them can give you a chance to experience new environments through their eyes.

TIME

Creating a character to write about can take anywhere from ten minutes to hours, depending on how much time you'd like to spend on this.

MATERIALS

- Notebook (approx. \$5+)
- Pen or pencil and eraser (\$2-3+)
- Optional: Laptop or tablet (\$250+)
- Optional: Speech to text program (Free+ approximate. Usually already on the device i.e. tablet)

INSTRUCTIONS

1. To start this activity, think about the kinds of stories you would like to tell. Would you like to tell a story about your own life, or something fictional? What kinds of things might happen in this story and who would they happen to?
2. Start thinking then about the characters in this story. What are their names? What do they look like? What is their personality like?



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3. Now, use your notebook and pen or laptop or tablet to fill out a description of the character or characters.
4. Start with their basic details: What's their name, their gender, their age, their profession?
5. Now move to their physical appearance. What do they look like? What colour are their eyes and hair? How tall are they?
6. Then, you might want to explore their family life and home life. Do they live with their family? Do they have any pets?
7. What kinds of things does your character like? Do they have any favourite foods?
8. Now that you have a clear image of your character, you're ready to use them in a creative writing/storytelling project! You can get started with this on your own or consult resources to start your project.

RESOURCES

- [Step-by-step guide for how to create a character for a book or screenplay](#)
- [How to create a character for your novel](#)

SUPPORTS NEEDED

You might want support in doing this activity. It can be a fun activity for you to do with a friend, family member or support worker, to get you both thinking creatively and sharing ideas. The support person can work with you to write ideas down on paper or into a word document on the computer. This activity can also be completed without assistance, if desired.

OTHER THINGS TO NOTE

Sometimes, like with any writing task, people can get writer's block which comes from not having the inspiration to write. If this happens, don't be discouraged! It happens to the best of us. Don't worry if this happens to you. You can come back to this activity over time and build up your character's profile. It doesn't need to be all at once.