### **Person-Directed Planning Readiness**

### Is this the right time to work on a Person-Directed Plan (PDP)?

Four questions to consider before you begin working on a person-directed plan.

# Planning

• Am I interested in planning for my future?

For example: planning for life after high school graduation, moving somewhere

### Goals

 Am I ready to develop goals to create a meaningful life in my community?

For example: meeting new people, learning a new skill, and or finding a job.

# People

• Am I interested in including people in my life or developing a network of people to help me plan for my future?

For example: family, partner, friends, neighbours, or teachers.

# Timing

 Can I spend some time visioning, dreaming, and planning for the future or am I in urgent need of help?

For example: stable housing or health

different, or trying something new.

## Person-Directed Planning is:

...a service to help you create meaningful life goals and find community connections with the help of important people in your life.

### Person-Directed Planning is not:

...case management or a referral service. If you do not want to spend time planning goals for the future, but only want help finding a service, planning may not be right for you at this time.

For more information on PDP please visit www.dsontario.ca/person-directed-planning.