

Person-Directed Planning Adults

What is person-directed planning?

Person-directed planning assists persons with developmental disabilities to create a meaningful life in their community by identifying their life goals and finding community connections, services and/or supports with the help of their families and/or significant others of their choice.

For example:

- Identifying abilities and interests
- Finding volunteer, employment and/or educational opportunities
- Enhancing independence skills
- Making connections to social and recreational activities

The focus of planning is based on the goals people set.



Who can receive planning services?

Adults (18 and over) with a developmental disability.

What if someone is still in school?

People are eligible for this support while in school, if they are over 18 years of age.

How much does it cost?

It is free.

Does planning affect eligibility for other supports?

No, planning can enhance future supports and help to plan for them.

Who do I contact for service?

Developmental Services Ontario Toronto Region (DSOTR)

Phone: 1.855.DS-ADULT or
1.855.372.3858

TTY: 416.925.0295

Fax: 416.925.5645

Email: DSOTR@surreyplace.on.ca

Web: www.dsotoronto.ca

