



VIRTUAL EQUIP WINTER WORKSHOPS

Upcoming Winter & Spring Workshops:

	First Impressions -Happening Hygiene mini Monday (1 week total): February 12 th , 6-7:30pm	\$42	
	Conflict Resolution Monday (1 week total): March 4 th , 6-7:30pm	\$42	
	Money Smarts Monday (1 week total): March 18 th , 6-7:30pm	\$42	
	How to Be a Good Roommate - full course Fridays (4 weeks total): Apr 5, 12, 19 & 26 th , 10-11:30am	\$150	
	Healthy Eating Monday (1 week total): April 8 th , 6-7:30pm	\$42	

Register with QR code or

Online at mycommunityhub.ca, searching keyword “equip”

**Note-* If cancelation occurs, a credit will be applied. No refunds are available.

For more information- contact Deb & Liana at equip@karis.org