

L'Arche Toronto Trying It on For Size 2024-2025

Program Description

L'Arche Toronto Trying It on For Size (TIFS) is an innovative well, rounded approach to exploring how to live independently. TIFS is a 12-month program that gives individuals opportunities to explore living on their own through a person-centred curriculum and experiential learning. Participants increase their confidence and capacity to discover their own places of belonging.

Total Program Fee for the year: \$8600 (\$716.67 per month)

Additional Costs: \$20 food cost for overnights in months six & seven, \$50 food cost for overnights in months eight to twelve.

TIFS Schedule

Below are the dates for the 2024 coaching sessions. After month 3, coaching sessions end, and monthly overnight stays begin.

August Start - Program Schedule - 2 Spots available

Month	Dates		Aprox. Total coaching hours
	August Spot 1	August Spot 2	
Month 1 – Aug. *Lunch provided	Wednesday, Aug. 14, 21 & 28, 2024 10:30 am-1:30pm	Wednesday, Aug. 7, 14 & 28, 2024 2pm-5pm	9 hrs
Month 2 – Sept. *Lunch provided	Wednesday, Sept. 4, 18 & 25, 2024 10:30 am-1:30pm	Wednesday, Sept. 4, 11 & 18, 2024 2pm-5pm	9 hrs
Month 3 – Oct. *Lunch provided	Wednesday, Oct. 2, 16 & 30, 2024 10:30 am-1:30pm	Wednesday, Oct. 2, 9 & 16, 2024 2pm-5pm	9 hrs
Month 4 – Nov. *Meals provided	Overnight Stays Begin - 1 Night Monday, Nov. 11 (arrive at 1pm) - Tuesday, Nov. 12 (home at 4pm)	Overnight Stays Begin - 1 Night Wed. Nov. 13 (arrive at 1pm) - Thurs. Nov. 14 (home at 4pm)	15 hrs
Month 5 – Dec. *Meals provided	Dates to be determined (TBD) 1 Night	Dates to be determined (TBD) 1 Night	18 hrs
Month 6 – Jan. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 7 – Feb. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 8 – Mar. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 9 – April. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 10 – May. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 11 – June. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 12 – July. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs

September Start - Program Schedule - 2 Spots available

Month	Dates		Aprox. Total coaching hours
	September Spot 1	September Spot 2	
Month 1 – Sept. *Lunch provided	Tuesday, Sept. 3, 10 & 17, 2024 2pm-5pm	Thursday, Sept. 5, 12 & 26, 2024 2pm-5pm	9 hrs
Month 2 – Oct. *Lunch provided	Tuesday, Oct. 1, 15 & 22, 2024 2pm-5pm	Thursday, Oct. 3, 17 & 24, 2024 2pm-5pm	9 hrs
Month 3 – Nov. *Lunch provided	Tuesday, Nov. 5, 19 & 26, 2024 2pm-5pm	Thursday, Nov. 7, 21 & 28, 2024 2pm-5pm	9 hrs
Month 4 – Dec. *Meals provided	Overnight Stays Begin – 1 Night Dates to be determined	Overnight Stays Begin – 1 Night Dates to be determined	15 hrs
Month 5 – Jan. *Meals provided	Dates to be determined (TBD) 1 Night	Dates to be determined (TBD) 1 Night	18 hrs
Month 6 – Feb. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 7 – Mar. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 8 – April. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 9 – May. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 10 – June. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 11 – July \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 12 – Aug. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs

October Start - Program Schedule - 2 Spots available

Month	Dates & times		Aprox. Total coaching hours
	October Spot 1	October Spot 2	
Month 1 – Oct. *Lunch provided	Tuesday, Oct. 1, 8 & 29, 2024 10:30am-1:30pm	Thursday, Oct. 3, 10 & 17, 2024 10:30am-1:30pm	9 hrs
Month 2 – Nov. *Lunch provided	Tuesday, Nov. 5, 12 & 26, 2024 10:30am-1:30pm	Thursday, Nov. 7, 14 & 28, 2024 10:30am-1:30pm	9 hrs
Month 3 – Dec. *Lunch provided	Tuesday, Dec. 3, 10 & 17, 2024 10:30am-1:30pm	Thursday, Dec. 5, 12 & 19, 2024 10:30am-1:30pm	9 hrs
Month 4 – Jan. *Meals provided	Overnight Stays Begin Dates to be determined	Overnight Stays Begin Dates to be determined	15 hrs
Month 5 – Feb. *Meals provided	Dates to be determined (TBD) 1 Night	Dates to be determined (TBD) 1 Night	18 hrs
Month 6 – Mar. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 7 – Apr. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 8 – May. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 9 – June. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 10 – July. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 11 – Aug. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 12 – Sept. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs