## ConnectABILITY.ca

## WHAT MAKES IT MEANINGFUL

Individuals get a chance to express their creativity when choosing how to decorate their paper beads and get an opportunity to work on their motor skills when constructing their bracelet.

## TIME

30 minutes to 1 hour.

## MATERIALS

- Scissors
- Ruler
- White $8^{\prime \prime} \times 11^{\prime \prime}$ paper
- Coloured pencils
- Scotch tape
- $\quad$ Pipe cleaner (for however many bracelets you're planning on making e.g. 2 => 2 pipe cleaners)


## INSTRUCTIONS

Include any instructions needed:

1. Using scissors, cut the paper into $1^{\prime \prime}$ strips.
2. Colour each strip however you'd like.
3. Roll each strip of paper so there is enough room to feed the pipe cleaner through it.
4. Tape each strip to ensure they don't unroll.
5. Feed the pipe cleaner through your paper beads, inserting as many as you would like.

## Paper Bracelet

6. Measure your wrist with the pipe cleaner it fits comfortably. Twist the remaining ends and trim off the excess.
7. Repeat the process and make as many as you'd like!

## RESOURCES

https://www.kenarry.com/easy-to-make-colorful-paper-bracelets/

## SUPPORTS NEEDED

Supports may be needed to measure and cut the strips. Help may be needed when inserting the paper beads onto the pipe cleaner and measuring your wrist.

## OTHER THINGS TO NOTE

