

Creating Hair Accessories



Arts | Fashion

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WHAT MAKES IT MEANINGFUL

Experimenting with fashion and making your own custom pieces is meaningful because it allows you to express your individuality and creativity. By creating unique items, you can showcase your personal style and take pride in wearing something that truly reflects who you are. It's a way to stand out, build confidence, and enjoy the process of turning ideas into wearable art, making fashion a fun and empowering experience (The Tartan).

TIME

15+ minutes

MATERIALS

- Plain headbands and/or hair clips (\$5+)
- Fabric scraps or ribbons (\$2+)
- Fabric glue or hot glue gun (with supervision) (\$5+)
- Scissors (safety scissors for younger participants) (\$3+)
- Decorative items like buttons, beads, feathers, or flowers (\$2+)



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INSTRUCTIONS (HEADBANDS)

1. **Choose Your Headband and Decorations:** Start with a plain headband. Pick out fabric scraps, ribbons, or any decorative items you like, such as buttons or flowers.
2. **Wrap the Headband (Optional):** If you want to change the color or texture of your headband, wrap it with a piece of fabric or ribbon. Apply a small amount of glue at the starting point, wrap the fabric around the headband, and secure the end with more glue.
3. **Add Decorations:** Use fabric glue to attach decorations like ribbons, bows, or flowers to your headband. You can create a small bow from ribbon by tying it and gluing it on, or attach buttons or beads for extra flair.
4. **Let It Dry:** Allow the glue to dry completely before wearing your new headband. Once it's dry, your headband is ready to wear!

INSTRUCTIONS (HAIR CLIPS)

1. **Pick Your Hair Clips and Decorations:** Start with plain hair clips. Gather materials like ribbons, buttons, beads, or small fabric flowers.
2. **Glue on Decorations:** Use fabric glue to attach your chosen decorations to the hair clips. You can create small bows from ribbon, glue on buttons, or even add a small fabric flower to the clip.
3. **Let It Dry:** Allow the glue to dry completely. Once everything is secure, your hair clips are ready to use.
4. **Show Off Your Creations:** Once all your hair accessories are dry, you can start wearing them and showing them off. Try matching your new accessories with different outfits for a personalized touch.

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RESOURCES

- Glue gun safety:
<https://www.gluegunsdirect.com/service-and-advice/glue-gun-safety-advice/#:~:text=Never%20t%20a%20hot%20glue,it%20for%20over%2040%20minutes.>
- Benefits of experimenting with self expression and fashion:
<https://tartan.gordon.edu/the-psychological-benefits-of-fashion/>

*all prices are estimated from item listings on *Amazon*

SUPPORTS NEEDED

Some individuals may need assistance with the finer motor skills associated with the craft. Supervise and step in if needed. Some tools such as scissors, and glue will require supervision and assistance. Encourage individual creativity here!

OTHER THINGS TO NOTE

Experiment with different fabrics and decorations to create a variety of looks. Don't worry about making things perfect—handmade accessories are meant to be unique and personal. Have fun and be creative!