

Drawing with Shapes

Arts | Drawing



ConnectABILITY.ca

WHAT MAKES IT MEANINGFUL

Drawing with shapes is meaningful and impactful because it helps individuals develop their creativity and problem-solving skills by breaking down complex objects into simple, familiar forms (ArtStrong). It nurtures their ability to see the world in a different way, encouraging them to explore and experiment with different combinations of shapes. This approach also builds confidence, as individuals can create recognizable and imaginative drawings using basic tools. It's an accessible and inclusive activity that supports cognitive development, fine motor skills, and self-expression, making art enjoyable for everyone (ArtStrong).

TIME

15+ Minutes

MATERIALS

- Paper (\$1+)
- OR device with drawing app
- Pencils, markers, or other drawing tools (\$2+)



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INSTRUCTIONS

1. Start by thinking about basic shapes you know—like circles, squares, triangles, and rectangles. These are going to be the building blocks of your picture!
2. Think about something you want to draw. It could be an animal, a house, a robot—anything you like! For example, let's say you want to draw a cat.
3. Begin by drawing the biggest shape for the main part of your object. For the cat, start with a big oval or circle for the body.
4. Now, think about the other parts of your object and what shapes they could be.
 - a. Example: The Cat:
 - Draw a smaller circle or oval for the head.
 - Use triangles for the ears.
 - Draw two more circles for the eyes.
 - Use a triangle for the nose.
 - Add rectangles or ovals for the legs.
 - Finish with a long rectangle or a curvy line for the tail.
5. Once all your shapes are in place, connect them if needed. You can draw lines to connect the head to the body or the legs to the body. Don't worry about it being perfect—this is all about having fun!
6. Now, you can add any extra details you want. Maybe your cat has stripes or spots. You can also color in your shapes to bring your picture to life!
7. Show off your masterpiece to your family and friends. You just made a cool drawing using only shapes!

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RESOURCES

- Printable shape templates: [Shape Template - Superstar Worksheets](#)
- Step-By-Step visual guide: [Draw Anything By Simplifying Pictures into Shapes](#)
- Video tutorial: [How to Draw Anything Using Basic Shapes](#)
- Giving encouragement and praise: [Praise, encouragement and rewards](#)
- Drawing and its developmental benefits: [What are the benefits of drawing? | Artist Strong](#)

*All prices are quoted from listings on *Amazon.ca*

SUPPORTS NEEDED

Some individuals may need a bit of encouragement! Be sure to prioritize creativity and independence in this activity.

OTHER THINGS TO NOTE

If you want to try something different, pick another object and see what shapes you can use to create it. The possibilities are endless!