How to Make Slime

Arts | Crafts

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WHAT MAKES IT MEANINGFUL

Playing with slime is great for helping people grow in important ways. When people play with slime, they use their hands and fingers a lot—pinching, squeezing, and stretching it. Use of fine and gross motor skills. This helps them get better at using their hands for things like writing or drawing. Slime also sparks creativity. You can make different shapes, mix in colours, or add things like glitter. This lets them use their imagination and come up with new ideas. In short, playing with slime is a fun way for someone to get better at using their hands and being creative.

TIME

5-10 minutes

MATERIALS

- White school glue ($2-5)
- Saline solution ($5-10)
- Baking Soda ($2-5)
- Bowl for mixing
- Tupperware for storage

Optional:
- Gloves (so not not get hands messy)
- Glitter, food colouring, sparkles, etc…

INSTRUCTIONS

1. Pour the glue into a bowl and add food coloring if you'd like. Stir until the color is evenly mixed.
2. Next, blend in the baking soda (1 tablespoon).
3. Stir in the saline solution by adding 1 1/2 tablespoons and mixing thoroughly. If the mixture is too sticky, gradually add an extra 1/2 tablespoon at a time. Adding more will make the slime thicker, while adding less will keep it slimier.
4. Work the slime with your hands until it becomes cohesive. It might start off wet and sticky, but continue kneading until it fully forms and comes together.
5. Optional: Add in any glitter, sparkles, or decorative additives to your liking and enjoy!
6. Store in a tupperware container

RESOURCES

Recipe and instructions:

The EASIEST Homemade Slime Recipe (3-Ingredients!) - I Heart Naptime

Alternative Recipes:

Homemade Slime

How to Make Slime - The Home Depot

How to make slime | Good Food

SUPPORTS NEEDED

Be sure none of the ingredients are allergens. Some individuals may need assistance in portioning the ingredients or mixing them together.