

Memory Matching Game

Technology | Games



ConnectABILITY.ca

WHAT MAKES IT MEANINGFUL

Playing memory matching games is meaningful because it exercises the brain, improves concentration, and sharpens memory in a fun and engaging way (NeuroMedia). The game encourages players to pay attention, recall details, and think strategically, making it both mentally stimulating and rewarding. It also promotes social interaction, as players celebrate each other's successes and enjoy friendly competition, creating a sense of connection and shared achievement.

TIME

15+ minute set up. Unlimited play.

MATERIALS

- A set of cards with matching pairs (you can buy some, create your own or use printable templates)
- A flat surface or digital platform to display the cards
- A group of friends or family members to play with on a video call (if playing remotely)
- OR play in person



Memory Matching Game

INSTRUCTIONS

1. Create the Cards:
 - a. Option 1: Physical Cards – Make pairs of cards with matching images or words. You can use index cards, paper, or print out card templates. Shuffle and lay them face down in a grid.
 - b. Option 2: Digital Cards – Use a memory matching game app or create a virtual board with matching pairs.
2. Set Up the Video Call: Choose a video call platform that everyone can use (Zoom, Google Meet, or Skype). Share the meeting link with everyone who's playing. Make sure everyone can see the card setup, either physically or through a shared screen.
3. Explain the Rules: The goal is to find pairs of matching cards by flipping them over. Each player takes turns flipping over two cards at a time, trying to find a match. If a player finds a match, they keep the pair and get another turn. If not, the cards are flipped back over, and it's the next player's turn. The game continues until all pairs are found.
4. Start the Game: Choose the first player to flip over two cards. They will turn the cards over and show them to everyone. The player announces the cards they flipped and whether they are a match or not.
5. Remember and Match: After each turn, try to remember the locations of the cards that have been revealed. The next player takes their turn, flipping over two cards and trying to find a match.
6. Keep Track of Matches: Keep track of the pairs found and removed from the board. The player who finds the most pairs wins the game, or you can simply enjoy the game for its fun and memory-boosting benefits.
7. Celebrate and Have Fun: At the end of the game, celebrate the winner with a round of applause or a virtual high-five. Discuss the game and share funny moments or strategies used during play.

Memory Matching Game

RESOURCES

- How to use Zoom: [Getting started guide for new users](#)
- How to use Google Meet: [Start or schedule a Google Meet video meeting - Android](#)
- How to use Apple Facetime: [Make FaceTime calls on iPhone - Apple Support \(CA\)](#)
- How to use Skype: [How do I get started with Skype? - Microsoft Support](#)
- How to use Microsoft Teams: [Get started with Microsoft Teams](#)
- Memory Matching Card Game (online): [Memory: Free online game - Brain training](#)
- Making your own game cards: [How to Make Playing Cards: 11 Steps \(with Pictures\) - wikiHow](#)
- Cognitive benefits of memory games: [Positive Impacts of Playing Memory Games in your life - Neuromedia](#)

SUPPORTS NEEDED

Some individuals may need assistance in setting up the video call and operating the technology.

OTHER THINGS TO NOTE

Use themed cards (like animals, favorite characters, or holiday images) to make the game more interesting. Adjust the difficulty by changing the number of card pairs or using different card designs. Encourage players to be quick and thoughtful with their choices for an added challenge.