

Relationship Group

Sexual Health. Education. Community.



Building Community Connections

Join a group of peers and learn about friends, discover what you are looking for in a friend, and practice your skills at making & keeping friends.

The Relationship Group is for self advocates with a Developmental disability to build safe and strong relationships. We work on safety, respect and self esteem.

This group is for anyone who:

- Interested in learning about healthy relationships.
- Wants to listen and share their relationship experiences.
- Looking to meet up with peers.
- Is able to attend all meeting dates
- 18 years or older.

What you can expect:

- Sharing openly through Listening, Learning and Love
- Help problem solving
- Validation of your experiences

When: September 30, October 7 & 21 from 2pm - 3:30pm
Please note a [zoom link](#) will be sent prior to each session.

If you are interested in registering, please contact one of the following.

Linda Ger Walters: lingerwalters@gmail.com or 416.716.8343
Relationship Group: relationship.group.toronto@gmail.com

*We believe that relationships offer safety, support, value,
purpose and a sense of belonging*