

Relationship Group

Sexual Health. Education. Community.



Grief and Loss Group

Join a group of peers and learn about grief and loss of hopes, dreams and expectations.

Learn how to process your grief with peers, around a possible

- Death loss
- Loss of something or someone important to you
- Anticipatory losses
- New changes in your life
- Just missing the 'old ways'

Take part in a 3-part series online

When: September 12, 19, 26 from 7pm - 8:30pm

* Please note a zoom link will be sent prior to each online session.

If you are interested in registering, please contact one of the following

Linda Ger Walters: lingerwalters@gmail.com or 416.716.8343

Relationship Group: relationship.group.toronto@gmail.com



“Talking about my grief with other people really helps.”

“I don’t feel so alone anymore, after taking this series.”

*We believe that relationships offer safety, support, value,
purpose and a sense of belonging*