Nature Stamps Outdoor

WHAT MAKES IT MEANINGFUL

Integrating arts and nature can be a great way to lead a meaningful life. Arts prove an outlet for creativity and expressing yourself. Whereas using nature can give life to something that would normally be discarded. Mixing these two can create a harmony of creating with a strong connection to the environment.

For this specific craft we will be making stamps out of leaves and other nature items that are on the ground, that are collected over a walk. This activity can be good for a long or short walk depending on each individual. It works on eyesight, being able to see and pick something up. It also can help with creativity and imagination, by envisioning what the stamp would look like completed.

TIME

Depending on the length of the walk the activity can range, excluding the walk this craft would take 10-15 minutes.

MATERIALS

Include any necessary or suggested materials needed for the activity.

- Leaves or anything else found on a walk (Free)
- Paint ($)
- Construction paper ($)

INSTRUCTIONS

1. To start you must take a walk, to collect the leaves, sticks and any other nature items you can find.
2. Once you have your desired nature items that are suitable for stamping (a relatively flat side), you are ready to paint the side you will stamp.

3. When the side is paint you must move quickly because the paint will dry, stamp on your paper with whatever colours you want. Make sure that you are pressing hard on the paper to get the best result. You can even make a drawing with the stamps.

RESOURCES

http://thebarefoothomeschoolingmom.blogspot.com/2018/06/nature-stamping.html?m=1

SUPPORTS NEEDED

Because this activity includes walking some individual may need help walking and picking up items off the ground.

OTHER THINGS TO NOTE

You can keep the leaf or anything that you stamped with to continue to stamp things until the leaf dies.