

\$60

Healthy Relationships & Positive Self-Awareness

Virtual (Zoom) Classes: March 5 - April 9, 2025 (6 weeks)
Time: 10:00am - 12:00pm every Wednesday

Week 1: Friendship

Week 2: Gender & Sexual Identities

Week 3: Different Types of Relationships

Week 4: Moving from Friend to
Partner/Sweetheart

Week 5: Internet, Social Media
Safety and Communication

Week 6: Private Vs. Public

Course is for individuals 18+

TO REGISTER & VIEW
VIRTUAL CLASS CALENDAR



MyCommunityHub: <https://mycommunityhub.ca/>

FOR MORE INFORMATION PLEASE EMAIL:

facilitator@metacentre.ca

OR CALL: 416-286-3634

FACILITATORS & SEXUALITY
EDUCATORS

*Audrey, Meredith
& Elisa*

