



EMPOWERING FUTURES- Job Skills Training Program

Helping Individuals with Special Needs Gain Confidence and Career Skills

Are you or a loved one looking to develop essential job skills in a supportive environment?

Our Job Skills Training Program is designed to empower individuals with special needs by equipping them with tools needed for workplace success.

Program Details:

- Days: Tuesdays & Thursdays
- Time: 10am -2pm
- Start Date: June 2025
- Duration: 6 months
- Location: 4301 Weston Road, North -York. M9L 2Y3
- Contact: info@calcentre.ca (416)745-9633/ (905)265-9633

What you'll Learn:

- **Discovering Personal Strength** - Identify unique skills and training
- **Navigating the Job Market Through Technology** - Learn online job search & application
- **Resume Writing** - Build a professional resume that stands out
- **Job Ethics** - Understanding professionalism and workplace expectations
- **Conflict Resolution** - Develop communication skills for handling workplace challenges
- **Safety In The Workplace** - Learn essential workplace safety practices
- **Co-op Experience** - Gain hands on work experience with local employers
- **Coping With Stress & Anxiety Related To Work** - Learn strategies for workplace success
- **Interview Skills** - Practice mock interviews and improve confidence