



2025 *Summer*

JULY 7 – SEP 26

Registration start: June 16, 2025

Community Junction – 2934 Dundas St. West

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REGISTER AT:



MONDAY

9:30AM

-

12:30PM

\$305

SCRUMPTIOUS SUMMER MEALS

Instructor: Community Junction Staff

#40931

Be the chef of your own summer adventure! In this class, participants take the lead in preparing simple, healthy, and delicious recipes. With supportive instruction and hands-on learning, every participant has the chance to shine in the kitchen and grow in confidence.

12:30PM

-

1:30PM

\$220

ACOUSTIC ESCAPADES

Instructor: Andre Tellier

#40933

Come and enjoy our acoustic music singalong! No experience necessary. Acoustic instruments, guitar, hand drums, maracas, percussion and especially singing - a chance for you to express yourself in a laid-back mellow musical setting.

1:30PM

-

3:30PM

\$275

MASTERPIECE MAKERS

Instructor: Lisa Fong

#40934

Embark on a journey of creativity with our "Masterpiece Makers" class! Unleash your imagination as you explore a variety of artistic mediums, from painting, printmaking and collage!

TUESDAY

9:30AM

-
10:30AM
\$280

MOVE AND GROOVE ZUMBA

Instructor: Tammy Gunn

ADAPTIVE
#40935

Have fun learning how to put moves to music! With her passion for Latin cardio dance music, Tammy incorporates not only learning new moves but putting you, the student, in the driver's seat to create choreography to some of your favorite songs.

10:30AM

-
12:00PM
\$110

NIMBLE NEEDLES

Instructor: Mary O'Hearn

#40936

In this knitting and crochet class, you'll learn how to use yarn and needles or hooks to make many craft items. You'll start with simple stitches and can gradually make more complicated patterns. It's a fun way to be creative!

10:30AM

-
12:00PM
\$125

JUNCTION SCAVENGER HUNT

Instructor: Community Junction Staff

#40937

A community-based program blending exploration, education, and activity. Each week features scavenger hunts to local landmarks, offering fun, learning, and wellness while discovering the rich history of the Junction area on foot.

12:30PM

-
1:30PM
\$290

FLEXIBLY FIT STRETCH AND TONE

Instructor: Tammy Gunn

ADAPTIVE
#40938

This adaptive class focuses on standing stretches, chair exercises, light weights, and mat work at a slower pace. Strengthen your core and leave each session feeling refreshed, energized, and strong throughout your body.

1:30PM

-
3:30PM
\$335

ART ATTACK!

Instructor: Lisa Fong

#40939

Explore various art mediums and techniques in this creative class, then combine them for unique effects. Learn from historical and contemporary artists as you dive into the inspiring world of mixed media art.

WEDNESDAY

9:30AM

-

10:30AM

\$290

CREATIVE MOVEMENT

Instructor: Tammy Gunn

ADAPTIVE

#40940

Start your fitness journey with Creative Movement – focus on core strength, flexibility and having fun. No experience required, just bring your enthusiasm.

10:30AM

-

12:30PM

\$335

JUNCTION PICASSOS

Instructor: Lisa Fong

#40941

This hands-on program sparks creativity by blending art and craft. Explore traditional and modern techniques to transform everyday materials into unique, personalized creations. Expressing yourself through colour, texture, and imaginative design.

1:00PM

-

2:00PM

\$285

VOCAL VIBES

Instructor: Valarie Conforti

#40942

Elevate your voice in our dynamic choir class! No matter your vocal experience, our class welcomes you to explore the world of harmonies and melodies.

2:30PM

-

4:00PM

\$305

CURTAIN CALL DRAMA

Instructor: CLTO Rec Therapist

#40943

An interactive drama program which uses games, skits and creative activities to explore and express emotions. You will build confidence and emotional awareness through playful exercises, props and music in a fun supportive environment.

THURSDAY

9:30AM

-

12:30PM

\$370

SUNSHINE SIZZLE

Instructor: Community Junction Staff

#40944

Bring the heat and heart to the kitchen! "Summer Sizzle" is a fun and hands-on cooking class where participants explore new recipes, develop kitchen skills, and enjoy the flavors of the season. With guidance and support, every participant can shine as they cook up tasty meals and build confidence.

12:30PM

-

2:30PM

\$335

COLOURFUL HORIZONS SUMMER ART

Instructor: Lisa Fong

#40945

For people of all artistic skill levels, from beginners to experienced creators, this class is a vibrant and welcoming program at the Junction. This program encourages participants to freely explore their creativity by offering a warm environment for self-expression through painting and other artistic techniques.

2:30PM

-

3:30PM

\$275

SOUND PIONEERS

Instructor: Andre Tellier

#40946

This music jam is your chance to relax, enjoy and express yourself in a social group setting. You are encouraged to express yourself through singing, percussion and social dancing. We will be singing popular songs, old favorites and standards.

FRIDAY

9:30AM

-

3:30PM

\$600

TREKKING THROUGH TORONTO

Instructor: Community Junction Staff

#40947

Discover the magic of our city has to offer. Our group will be checking out some of Toronto's famous landmarks! Experience the museums, festivals, attractions, neighborhoods, and cultural landmarks that make our city so diverse and exciting! Admission & TTC Fare included.

10:00AM

-

1:00PM

\$370

SUN-KISSED FLAVOURS

Instructor: Community Junction Staff

#40948

Discover the joy of cooking in this fun, supportive class! Learn essential kitchen skills while making sweet and savory dishes. Each session encourages creativity, independence, and ends with a refreshing summer treat.

1:00PM

-

2:00PM

\$175

JUNCTION GAMES CLUB

Instructor: Community Junction Staff

#40949

The Junction Games Club is a vibrant community where fun meets camaraderie every week. Whether you're a board game enthusiast, a trivia buff, an outdoor adventurer, a puzzle master, or simply someone who loves to socialize and unwind.

2:00PM

-

3:30PM

\$285

RHYTHM AND SONG

Instructor: Valarie Conforti

#40950

This inclusive program invites participants to explore music and instruments through sensory-rich, individualized support. Blending education and therapy, it builds musical skills, deepens genre understanding, and celebrates the joy of making music.

SUMMER THEME WEEK

Community Junction – 2934 Dundas St. West

New
Experience!

WEEK 1

Mon July 7 – Thur July 10

AROUND THE WORLD WEEK

Wednesday Outing: July 9 - Little Canada

We're taking a trip across the globe—no passport needed! This week we'll explore new countries through food, crafts, music, and games. It's a fun way to learn about different cultures and try new things, all while staying local. A week of fun, diversity and inclusion!

#40952

9:00AM

3:30PM

\$500

WEEK 2

Mon July 14 – Thur July 17

TIME TO SHINE! HOLLYWOOD WEEK

Wednesday Outing: July 16 – Movie theatre

This week is all about being in the spotlight. From red carpet crafts and music video dance moves to celebrity-themed meals, this week is packed with star-quality fun. Be the star you were meant to be!

#40953

9:00AM

3:30PM

\$500

WEEK 3

Mon July 21 – Thur July 24

JUNCTION GO FOR GOLD! SPORTS WEEK

Wednesday Outing: July 23 – Roger's Centre Tour

We'll explore different types of sports through movement, games, and creative projects, all while building teamwork and confidence. This week encourages self-love and body positivity, tailored to adapt to the wonderful abilities of all people.

#40954

9:00AM

3:30PM

\$500

WEEK 4

Mon July 28 – Thur July 31

UNDER THE SEA MARINE WEEK

Wednesday Outing: July 30 – Pirate's Life

Perfect for ocean lovers and curious minds, this immersive experience combines cooking, crafts, games, and activities—all inspired by the sea. Craft coral reefs, make seafood meals, and discover marine life up close as each day brings a new adventure.

#40955

9:00AM

3:30PM

\$500

New
Experience!

SUMMER EXPEDITIONS

Community Junction - 2934 Dundas St. West

WEDNESDAY

AUG 6

9:30AM - 3:30PM

**BLACK CREEK
PIONEER
VILLAGE**



\$90

#40956

WEDNESDAY

AUG 13

9:30AM - 3:30PM

**TORONTO
HARBOUR
CRUISE**



\$90

#40957

WEDNESDAY

AUG 20

9:30AM - 3:30PM

**CANADIAN
NATIONAL
EXHIBITION**



\$90

#40958

WEDNESDAY

AUG 27

9:30AM - 3:30PM

**CITY BUS
TOUR**



\$90

#40959

WEDNESDAY

SEP 10

9:30AM - 3:30PM

**TITANIC
MUSEUM**



\$90

#40960

WEDNESDAY

SEP 24

9:30AM - 3:30PM

**MUSEUM OF
ILLUSIONS**



\$90

#40961