

L'Arche Toronto Trying It on For Size 2025-2026

Total Program Fee for the year: \$9600 (\$800.00 per month)

Additional Costs: \$20 food cost for overnights in months six & seven, \$50 food cost for overnights in months eight to twelve.

TIFS Schedule

Below are the dates for the 2025 coaching sessions. After month 3, coaching sessions end, and monthly overnight stays begin.

August Start - Program Schedule - 2 Spots available

Month	Dates		Aprox. Total coaching hours
	August Spot 1 Wednesdays	August Spot 2 Thursday Afternoons	
Month 1 – Aug. *Lunch provided	Wednesday, Aug. 13, 20 & 27, 2025 11am-2pm	Wednesday, Aug. 7, 14 & 28, 2025 2pm-5pm	9 hrs
Month 2 – Sept. *Lunch provided	Wednesday, Sept. 3, 17 & 24, 2025 11am-2pm	Wednesday, Sept. 4, 18 & 25, 2025 2pm-5pm	9 hrs
Month 3 – Oct. *Lunch provided	Wednesday, Oct. 15, 22 & 29, 2025 11am-2pm	Wednesday, Oct. 16, 23 & 30, 2025 2pm-5pm	9 hrs
Month 4 – Nov. *Meals provided	Overnight Stays Begin – 1 Night Dates to be determined	Overnight Stays Begin – 1 Night Dates to be determined	15 hrs
Month 5 – Dec. *Meals provided	Dates to be determined (TBD) 1 Night	Dates to be determined (TBD) 1 Night	18 hrs
Month 6 – Jan. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 7 – Feb. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 8 – Mar. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 9 – April. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 10 – May \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 11 – June \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 12 – July \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs

September Start - Program Schedule - 2 Spots available

Month	Dates		Aprox. Total coaching hours
	September Spot 1 Tuesday Afternoons	September Spot 2 Thursday Mornings	
Month 1 – Sept. *Lunch provided	Tuesday, Sept. 2, 9 & 30, 2025 2pm-5pm	Thursday, Sept. 4, 11 & 18, 2025 10:30am-1:30pm	9 hrs
Month 2 – Oct. *Lunch provided	Tuesday, Oct. 14, 21 & 28, 2025 2pm-5pm	Thursday, Oct. 16, 23 & 30, 2025 10:30am-1:30pm	9 hrs
Month 3 – Nov. *Lunch provided	Tuesday, Nov. 11, 18 & 25, 2025 2pm-5pm	Thursday, Nov. 13, 20 & 27, 2025 10:30am-1:30pm	9 hrs
Month 4 – Dec. *Meals provided	Overnight Stays Begin – 1 Night Dates to be determined	Overnight Stays Begin – 1 Night Dates to be determined	15 hrs
Month 5 – Jan. *Meals provided	Dates to be determined (TBD) 1 Night	Dates to be determined (TBD) 1 Night	18 hrs
Month 6 – Feb. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 7 – Mar. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 8 – April. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 9 – May. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 10 – June. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 11 – July \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 12 – Aug. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs

October Start - Program Schedule - 2 Spots available

Month	Dates & times		Aprox. Total coaching hours
	October Spot 1 Mondays	October Spot 2 Tuesday Mornings	
Month 1 – Oct. *Lunch provided	Monday, Oct. 6, 20 & 27, 2025 11am-2pm	Thursday, Oct. 14, 21 & 28, 2025 10:30am-1:30pm	9 hrs
Month 2 – Nov. *Lunch provided	Monday, Nov. 10, 17 & 24, 2025 11am-2pm	Thursday, Nov. 11, 18 & 25, 2025 10:30am-1:30pm	9 hrs
Month 3 – Dec. *Lunch provided	Monday, Dec. 1, 8 & 15, 2025 11am-2pm	Thursday, Dec. 2, 9 & 16, 2025 10:30am-1:30pm	9 hrs
Month 4 – Jan. *Meals provided	Overnight Stays Begin – 1 Night Dates to be determined	Overnight Stays Begin – 1 Night Dates to be determined	15 hrs
Month 5 – Feb. *Meals provided	Dates to be determined (TBD) 1 Night	Dates to be determined (TBD) 1 Night	18 hrs
Month 6 – Mar. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 7 – Apr. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 8 – May. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 9 – June. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 10 – July. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 11 – Aug. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 12 – Sept. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs

November Start - Program Schedule - 2 Spots available

Month	Dates & times		Aprox. Total coaching hours
	November Spot 1 Wednesdays	November Spot 2 Thursday Afternoons	
Month 1 – Nov. *Lunch provided	Wed. Nov. 12, 19 & 26, 2025 11am-2pm	Thursday, Nov. 13, 20 & 27, 2025 2pm-5pm	9 hrs
Month 2 – Dec. *Lunch provided	Wed. Dec. 3, 10 & 17, 2025 11am-2pm	Thursday, Dec. 4, 11 & 18, 2025 2pm-5pm	9 hrs
Month 3 – Jan. *Lunch provided	Wed. Jan. 14, 21 & 28, 2025 11am-2pm	Thursday, Jan. 15, 22 & 29, 2025 2pm-5pm	9 hrs
Month 4 – Feb. *Meals provided	Overnight Stays Begin – 1 Night Dates to be determined	Overnight Stays Begin – 1 Night Dates to be determined	15 hrs
Month 5 – Mar. *Meals provided	Dates to be determined (TBD) 1 Night	Dates to be determined (TBD) 1 Night	18 hrs
Month 6 – Apr. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 7 – May. \$20 groceries	TBD 2 Nights	TBD 2 Nights	20 hrs
Month 8 – June. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 9 – July. \$50 groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 10 – Aug. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 11 – Sept. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs
Month 12 – Oct. \$50 Groceries	TBD 4 Nights	TBD 4 Nights	30 hrs