Making Rice Krispie Squares

Baking | Cooking

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What Makes It Meaningful

This hands-on cooking activity encourages following steps, practicing motor skills, and working together. It ends with a fun, sweet treat participants can share, building pride and a sense of accomplishment

Time

- 30–45 minutes (including preparation and cooling time)

Materials

- 6 cups Rice Krispies cereal
- 1 package (about 40) regular marshmallows
- 3 tablespoons butter or margarine
- Large mixing bowl
- Microwave-safe bowl or pot
- Mixing spoon or spatula
- 9x13 inch pan
- Non-stick spray or parchment paper

Optional: sprinkles, chocolate chips, food coloring, or cookie cutters for fun shapes

INSTRUCTIONS

1. Prepare workspace

   a. Wash hands and clear a table or counter.

   b. Spray the 9x13 pan with non-stick spray or line with parchment paper.

2. Melt the butter and marshmallows

   a. In a large microwave-safe bowl, melt 3 tbsp of butter.

   b. Add marshmallows and microwave in 30-second bursts, stirring between, until fully melted.

      (Or melt both together on low heat in a pot on the stove with supervision.)

3. Mix in cereal

   a. Add 6 cups of Rice Krispies to the melted mixture.

   b. Stir gently until all the cereal is coated.

4. Press into pan

   a. Use a spatula or clean, lightly buttered hands to press the mix evenly into the pan.

   b. Let cool for 15–20 minutes.

5. Optional decoration

    a. Add sprinkles or drizzle with chocolate before it cools.

    b. Use cookie cutters to make shapes once cool.

6. Serve and enjoy

    a. Cut into squares and share!
    b. Store extras in an airtight container.

SUPPORTS NEEDED

- Visual prompts

  ○ Step-by-step visual guide or recipe cards with photos

- Physical support

  ○ Help with stirring or pouring ingredients

- Sensory adjustments

  ○ Option to avoid touching sticky mix or choose toppings by pointing

- Social support

  ○ Close supervision during microwaving or stove use

- Choice making

  ○ Offer toppings or decorations in 2- or 3-option groups