

DIY Kinetic Sand

Crafts



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WHAT MAKES IT MEANINGFUL

In this craft we will make kinetic sand, combining art, everyday life skills (measuring and mixing) as well as instructions that are hands-on and engaging. This craft can be used multiple times if stored in an airtight, sealed container.

Both the production and use of this craft are great as sensory activities that can stimulate and improve fine motor skills

TIME

This activity would take 10–15 minutes, not including drying time.

MATERIALS

- Flour
- Baby oil
- Mixing bowl
- Wooden spoon
- Food colouring
- Measuring cups

INSTRUCTIONS

1. Start by measuring and adding 8 cups of flour to the mixing bowl (if you want to make more, double or triple the recipe)
2. Add food colouring now if you want the kinetic sand coloured
3. Measure and add 1 cup of baby oil to the flour in the bowl



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4. Use the wooden spoon to mix everything together, should take 5 minutes to fully be mixed together
 - a. You will know that it's done, when the texture is consistent and the flour is moldable with a spoon

RESOURCES

<https://onelittleproject.com/moon-sand/>

SUPPORTS NEEDED

Support may be needed for the mixing portion and measuring.

OTHER THINGS TO NOTE

- The recipe is 8:1 (8 cups flour per 1 cup baby oil), so if you wish to increase or decrease the amount of sand, just follow that ratio.
- Can last 2 weeks to a month in an airtight container or Ziploc bag
- If it becomes, dirty or begins to smell strange, it may be time to throw it out and make a new batch