

Events | Community Activities

Connect ABILITY.ca

WHAT MAKES IT MEANINGFUL

Celebrating 125 years, AGO 125 offers a window into the gallery's rich history—from its founding to contemporary expansions—through curated highlights, interactive experiences, and festive events. It's perfect for learning, sensory exploration, and social inclusion while engaging with art and architecture

TIME

- 1–2 hours to explore artworks and highlights
- Additional 2–3 hours during after-hours events

MATERIALS

- Ticket, Annual Pass, or ID (under-25 / Indigenous free admission)
- Water, light snack
- Sensory supports: noise-cancelling headphones, sunglasses, timing cues
- Notebook/pen for drawing or notes
- Comfortable shoes for walking through galleries

INSTRUCTIONS

- 1. Plan your visit
 - a. Choose a weekday or relaxed visit time for quieter experience
 - b. Reserve any support or wheelchair ahead if needed
- 2. Arrival & Entry
 - a. Enter via Dundas St. ramp or front entrance
 - b. Check out sensory kits, guides, and large-print labels
- 3. Explore AGO 125 highlights
 - a. Spot iconic works across eras—from The Grange (1900) through contemporary expansions
 - b. Join gallery talks on Fri evenings or use the Art Rate Monitor (feel your heart's reaction to art)
- 4. Participate in an AGO event
 - a. Swing dancing on select Fridays
 - b. AGO125 Dinner series
- 5. Take breaks
 - a. Use quiet zones or multisensory art cart areas
 - b. Use accessible washrooms and elevators

- 6. Wrap-up
 - a. Recall favorite pieces or moments
 - b. Exit with support person or group using front-of-line access if needed

RESOURCES

- https://ago.ca/visit/location-hours-admission
- https://ago.ca/125

SUPPORTS NEEDED

- · Visual schedule for route, galleries, break times
- · Social story about expected behaviour (quiet voices, looking only)
- Sensory tools: headphones, sunglasses, seating near entry
- One-on-one assistance for navigation and transitions
- Accessible navigation: wheelchair, front-of-line pass, accessible washrooms
- Large-print labels, sensory kits, Art Rate Monitor for engagement
- Verbal cues: "Let's pause here," "Time for a snack/break"

- Praise and debrief: note participation, favourite artworks
- · Plan for after-hours: clear exit time, group meeting point

OTHER THINGS TO NOTE

- On view throughout the summer until September 25, 2025
 - The AGO125 event will end in September, but the AGO remains open Tuesday-Sunday year-round
- Location: AGO, 317 Dundas St W, Toronto
- Admission to the AGO is free the first Wednesday night of each month, between 6pm 9pm.

Special Events:

- Swing Dancing nights: select Fridays free with general admission
- Check AGO website for new and upcoming events