

# Going to a Blue Jays Game

Outdoor Activities | Social



ConnectABILITY.ca

## WHAT MAKES IT MEANINGFUL

Attending a Blue Jays game offers community connection, excitement, and shared experiences. It supports sensory engagement through cheering, music, and atmosphere, while building social inclusion and local pride.

## TIME

- 3–4 hours total
- Arrive 90 minutes before weekday games, 120 minutes before weekend games to allow for entry and settling in

## MATERIALS

- Ticket: digital/mobile—transfer individually; accessible needs may have exceptions
- Comfort items: jacket, hat, sunscreen, sunglasses
- Sensory supports: ear protection/headphones, sunglasses, quiet fidget
- Cashless payment: Rogers Centre is cashless
- Accessible gear: wheelchair, stroller, portable seat/back cushion



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## INSTRUCTIONS

1. Choose & Transfer Tickets
  - a. Purchase via Blue Jays or Ticketmaster, transfer individually. For accessibility seating, book directly with Rogers Centre.
2. Plan Arrival
  - a. Decide weekday vs weekend timing, aim to arrive 1.5–2 hours early
3. Arrive & Enter
  - a. Accessible guests use Gate 7; others enter nearest open gate
  - b. Undergo security screening; small bags only: ≤ 16"×16"×8"
4. Pre-Game Activities
  - a. Explore Outfield District (food vendors, photo ops, entertainment)
  - b. Optional: reserve a Sportsnet Grill window table to watch batting practice
5. Find Seating & Settle
  - a. Use mobile ticket app for guidance. Staff/ushers are available. Accessible supporters allowed to accompany.
6. Enjoy the Game!
  - a. Clap "Let's Go Blue Jays" and sing "OK Blue Jays" during the seventh-inning stretch
  - b. Watch for foul balls, stay seated except for necessary movement

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7. Food & Beverage
  - a. Explore concession stands; cashless-only, drinks restricted after 7th inning
8. Using Facilities
  - a. Accessible washrooms, multipurpose rooms near Sections 142/238/538. First-aid stations available
9. Wrap-Up & Exit
  - a. Leave safely at end; staff can help with routes. Debrief on favorite moments.

## RESOURCES

- <https://www.mlb.com/bluejays/ballpark/know-before-you-go>
- <https://www.mlb.com/bluejays/ballpark/information/guide>

## SUPPORTS NEEDED

- Visual Schedule
  - Picture timeline: arrive→gate→eat→sit→game→exit
- One-on-One Support
  - Assistance with tickets, navigation, seating placement
- Sensory Regulation
  - Ear protection, quiet breaks in concourse or multipurpose rooms
- Physical Support
  - Wheelchair escorts, portable chairs/cushions, accessible washrooms

# Going to a Blue Jays Game

- Social Guidance
  - Explain queue etiquette, cheering cues, respectful behavior
- Choice Prompts
  - Explain queue etiquette, cheering cues, respectful behavior
- Emotional Support
  - Provide reassurance in crowds, celebrate participation