

Pasta Necklace



Crafts | Fashion

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WHAT MAKES IT MEANINGFUL

Fashion can be a great way to embrace who you are as a person, and by having control over the colour, length, and shape of the pasta that makes up your necklace, you will be rewarded with a fun, engaging activity that emphasizes individuality and independence.

Not only will you be able to wear this amazing accessory as many times as you want, but it will also allow you to work on your fine motor skills with your hands.

TIME

This activity would take 20–25 minutes, not including drying time.

MATERIALS

- Pasta, ideally tube like with a big opening (\$3)
- Paint (\$20)
- String (\$5)
- Paint brush (\$10)
- Scissors (\$4)

INSTRUCTIONS

1. Start with painting your big tubular pasta all sorts of colour, let your creativity run wild!
2. Let the pasta dry, as it is drying cut a piece of string that fits around your neck, as long or short as you want, just make sure it can fit around your head, so you can take it off and put it on.
3. When your pasta is done drying, feed the string through your pasta pieces and tie the necklace off with at least 2 knots to ensure it stays together.



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RESOURCES

<https://picklebums.com/painting-pasta-to-thread/>

SUPPORTS NEEDED

- Support may be necessary to ensure that most of the pasta is covered in paint
- Putting the pasta through the string might be too difficult for some individuals

OTHER THINGS TO NOTE

Make sure that the necklace can fit over the individual's head so that it will allow for easy putting on and taking off