

Portrait Paper Cutouts!

Crafts



ConnectABILITY.ca

WHAT MAKES IT MEANINGFUL

Mixing two different medium of art can be a great way to bring your art projects to a new level. Getting creative with your mind and translating that with your hands in forces a mind to body connection that enforces ideas in your mind into reality. This will lead to a feeling of accomplishment and satisfaction.

In the activity, we will be combining photography and visual arts.

TIME

This activity would take 30–40 minutes.

MATERIALS

You will need a digital camera and printer for this craft

- Blank paper or colouring sheet (e.g.; Under the sea, in space, in the clouds)
- Markers or pencil crayons (\$5-10)
- Printed out photo of yourself
- Scissors (\$10)
- Glue stick (\$5)

INSTRUCTIONS

1. Start by choosing a theme for your art piece (e.g. under the sea, in space, etc)



Portrait Paper Cutouts!

2. Next lie on clean ground and do a pose according to your theme (e.g.; Flying, jumping, anything you can think of, get creative!)
3. The photo will be uploaded to a computer and printed.
4. Next, either draw your theme for your art piece or colour in the colouring sheet.
5. Once your photo has been printed out, cut out yourself from the printed photo.
6. Use the glue stick to stick the cutout anywhere on the themed paper.

SUPPORTS NEEDED

Individuals with difficulty using their hands may need help using scissors. The individuals will also need someone to get to an elevated surface to take their picture, as well as someone to print it out for them, or guidance on how to print.

OTHER THINGS TO NOTE

If you cannot access a printer or camera, get the participants to draw a picture of themselves doing a silly pose.