Animal of the Day
Painting | Crafts | Storytelling

ConnectABILITY.ca

WHAT MAKES IT MEANINGFUL

This activity connects people to animals and nature in creative ways. Participants explore different animals through crafts, sounds, stories, history, and games.

TIME

- 1-2 hours

MATERIALS

- Animal photos or videos (free)

- Art supplies (paint, markers, paper - $10–$15)

- Animal sounds (YouTube)

- Toys or stuffed animals (optional - $5 per animal)

- Nature items (leaves, feathers, sand, etc – free

- Books (Library)

INSTRUCTIONS

1. Choose an animal of the day (elephant, cats, birds, etc)

2. Show pictures and videos and talk about everything about them (where they live, what they eat, what makes them special, etc)

3. Play the sounds the specific animal makes and let them guess or copy the sound if they want to.

4. Make a craft related to that animal (masks, colouring papers, painting, etc)

5. Read a short story

RESOURCES

- https://sdzwildlifeexplorers.org

- https://www.kidzone.ws/animals/

- Wild Kratts cartoon

SUPPORTS NEEDED

- Visuals and clear steps for each activity

- Activities made/set up for individuals with different needs (some may want only videos, some want information, some may only want to colour and paint)

- Letting the individuals choose which animal they want to learn more about (this should be a week before)

OTHER THINGS TO NOTE

- Avoid using scary/upsetting animal videos

- Follow individual's interests and what they want