

# “Around the World”

Crafts | Gaming | Cultural



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## WHAT MAKES IT MEANINGFUL

This activity helps people explore and celebrate different cultures from around the world. Through music, food, art, history, and traditions, participants learn about others and see what makes every culture special. It helps build respect, joy, and curiosity for the world and for one another.

## TIME

- 1-2 hours

## MATERIALS

- Music from that specific country (Free/YouTube)
- Craft supplies (Colouring paper for the specific country, word puzzles, colouring pencils, markers, pens and pencils, scissors - \$10-\$15)
- Decorations or flags (DIY or bought - \$2-\$5)
- Snacks and food samples (Optional - \$10-\$20)
- Photos or books (Free – library)
- World map or desk globe (\$5-\$10)

## INSTRUCTIONS

1. Pick one country you want to “visit” that day (Afghanistan, Italy, Mexico)
2. Print colouring papers and activity papers (word puzzle, quiz, word search) related to the country chosen that day



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3. Explore the country: Play music, look at pictures and videos related to the country, learning a word from that place, colouring and playing games.
4. Taste food from that place (optional)
5. End with dancing or a group activity from that country.

## RESOURCES

- [Countries | National Geographic Kids](#) - A good website to learn about countries
- [Countries and Cultures Crafts](#) - Craft samples to use
- Youtube – Learning more about the culture through videos (music, tour video, dance, parties, food videos, etc)

## SUPPORTS NEEDED

- Help prepare food (optional)
- Guide the individuals throughout the program, ask if they need help or any questions.

## OTHER THINGS TO NOTE

- Celebrate all cultures equally
- Ask individuals if they want to share anything about their own background and their traditions